

Programmanr. 31
7-2-2016 - 8:30

Jongens, 200m wisselslag

13 - 14 jaar
Resultaten

Punten: FINA 2014

Rang	Geb.	Tijd	Pnt	50m	100m	150m	200m		
13 jaar									
1.	HEBB Xander	03 STW BEL	2:36.29	2:30.20	437	32.03	41.89	43.69	32.59
2.	MEEUS Elias	03 LAQUA BEL	2:38.98	2:32.83	415	32.92	39.61	45.79	34.51
3.	GUILLEMYN Lucas	03 KZK BEL	2:32.22	2:34.27	403	32.59	38.45	47.77	35.46
4.	DEVOS Abel	03 COAST BEL	2:40.35	2:36.01	390	33.25	39.54	47.96	35.26
5.	VANDECASTEELE Matis	03 GOLD BEL	2:44.27	2:37.20	381	35.19	40.11	46.56	35.34
6.	LAVDANITI Zhulian Xhoi	03 ZS ALB	2:44.80	2:37.26	380	35.25	42.44	44.03	35.54
7.	VAN KEER Yoran	03 LAQUA BEL	2:37.11	2:37.95	375	33.76	42.19	47.05	34.95
8.	MEERE Jarno	03 DDAT BEL	2:41.58	2:39.95	362	33.42	40.68	49.63	36.22
9.	SPLAERS Mauro	03 FIRST BEL	2:51.54	2:40.08	361	33.88	42.36	50.64	33.20
10.	GIELEN Yordi	03 DMB BEL	2:46.22	2:40.68	357	33.25	43.47	48.06	35.90
11.	JORIS Luca	03 DDAT BEL	2:51.00	2:40.74	356	34.43	40.12	49.75	36.44
12.	HEYERICK Jens	03 KZK BEL	2:45.76	2:41.32	352	35.24	43.41	46.85	35.82
13.	DENEIR Niels	03 GOLD BEL	2:51.15	2:44.45	333	34.56	45.00	47.85	37.04
14.	HOLLANDERS Ian	03 SHARK BEL	2:43.21	2:45.21	328	35.78	42.74	51.03	35.66
15.	VANSPAUWEN Alexander	03 HZS BEL	2:50.31	2:45.25	328	35.61	43.08	50.12	36.44
16.	JASPERS Sven	03 HZS BEL	2:53.02	2:47.52	315	35.78	44.61	48.19	38.94
17.	STESMANS Jelle	03 BRABO BEL	2:58.05	2:47.53	315	35.48	43.25	50.97	37.83
18.	VERHOLLE Gilles	03 IKZ BEL	2:56.81	2:47.84	313	36.35	44.73	50.27	36.49
19.	GEUENS Lars	03 OZV BEL	2:47.26	2:49.09	306	33.14	45.05	50.47	40.43
20.	JORIS Dante	03 DDAT BEL	2:58.85	2:49.51	304	37.00	44.88	50.12	37.51
21.	VAN NIEUWENHOVEN Joran	03 LAQUA BEL	2:50.25	2:50.55	298	37.55	44.60	51.93	36.47
22.	VAN EETVELDE Kasper	03 AZK BEL	2:58.04	2:50.97	296	37.01	44.02	52.71	37.23
23.	VANDEPITTE Alexander	03 MEGA BEL	2:49.98	2:51.14	295	36.69	44.19	49.55	40.71
24.	MARESCAU Quinten	03 ZCK BEL	3:03.98	2:51.59	293	37.75	44.19	50.51	39.14
25.	CAMPS Viktor	03 STT BEL	3:05.26	2:51.94	291	36.58	44.61	51.59	39.16
26.	DEFLOOR Emile	03 HZA BEL	2:59.77	2:52.22	290	35.36	42.99	54.16	39.71
27.	VAN DYCK Brent	03 SHARK BEL	2:50.76	2:52.68	287	37.75	42.16	52.67	40.10
28.	VERSTRAETEN Gihao	03 OZEKA BEL	2:55.43	2:53.34	284	36.45	44.75	50.85	41.29
29.	LIECKENS Nolan	03 SHARK BEL	2:55.51	2:54.58	278	37.09	46.39	53.68	37.42
30.	MARICHAL Jarno	03 BRABO BEL	3:05.55	2:56.40	269	38.42	45.88	55.12	36.98
31.	OP DE BEECK Maarten	03 DIZV BEL	2:59.93	2:56.92	267	39.78	43.84	53.96	39.34
32.	VLAMIJNCK Robin	03 AZ BEL	3:04.66	2:57.95	262	40.53	47.00	51.65	38.77
33.	VYNCKE Milan	03 MEGA BEL	3:17.18	2:59.67	255	40.02	46.98	55.36	37.31
34.	DE DEYNE Kasper	03 MEGA BEL	3:11.54	3:06.07	229	41.86	48.31	57.06	38.84
35.	DE DOBBELAERE Raf	03 MEGA BEL	3:14.59	3:07.55	224	44.04	50.53	55.15	37.83

14 jaar

1.	VAN SYNGHEL Noah	02 OZEKA BEL	2:23.69	2:24.38	492	31.17	36.47	43.27	33.47
2.	DUJARDIN Guillaume	02 MEGA BEL	2:30.65	2:26.25	473	31.83	37.11	44.52	32.79
3.	LIEKENS Jasper	02 SHARK BEL	2:31.77	2:27.53	461	30.61	39.45	43.82	33.65
4.	CLAEYS Arthur	02 AZ BEL	2:30.32	2:27.64	460	32.06	38.41	42.87	34.30
5.	HERREGODTS Siebe	02 ZNA BEL	2:41.93	2:29.23	445	31.68	38.29	45.38	33.88
6.	VOGLAR Robbe	02 DMB BEL	2:35.49	2:30.67	433	31.81	39.99	44.13	34.74
7.	DE MEYER Niels	02 BRABO BEL	2:36.93	2:31.19	428	32.88	39.23	46.36	32.72
8.	DEJONGHE Arnaud	02 COAST BEL	2:32.78	2:33.05	413	32.30	41.19	43.90	35.66
9.	WEYTS Yaron	02 STW BEL	2:40.02	2:33.41	410	33.04	39.70	46.92	33.75
10.	EMMERS Jim	02 OZV BEL	2:36.57	2:34.34	402	33.09	41.74	45.34	34.17
11.	THIJSSSEN Robbe	02 HZS BEL	2:40.06	2:34.52	401	32.92	39.91	44.65	37.04
12.	JANSENS Renzo	02 BRABO BEL	2:35.54	2:35.42	394	32.93	42.01	44.78	35.70
13.	SPRUYT Linus	02 ZORO BEL	2:41.48	2:35.45	394	31.93	42.29	45.14	36.09
14.	MESTDAGH Arne	02 KZK BEL	2:38.13	2:38.45	372	34.38	41.29	46.38	36.40
15.	CALLEWAERT Matisse	02 GOLD BEL	2:34.96	2:38.74	370	34.50	41.12	44.25	38.87
16.	MORELLI Jorgo	02 GZVN BEL	2:42.78	2:40.67	357	34.72	43.81	46.86	35.28
17.	VAN GORP Jos	02 LAQUA BEL	2:43.62	2:41.10	354	37.17	40.48	46.67	36.78
18.	JANSEN Michiel	02 BRABO BEL	2:45.04	2:42.59	344	34.90	43.72	45.43	38.54
19.	TRUYEN Ruben	02 DMB BEL	2:49.34	2:43.23	340	35.74	43.60	48.19	35.70
20.	COKELAERE Matthijs	02 KZK BEL	2:45.54	2:43.91	336	36.42	42.31	47.68	37.50
21.	RAETS Sander	02 BRABO BEL	2:47.95	2:45.58	326	38.42	43.91	45.14	38.11
22.	VAN HECKE Maxim	02 DZO BEL	2:52.55	2:45.91	324	35.85	46.35	48.74	34.97
23.	DEBLOCK Thomas	02 GOLD BEL	2:50.53	2:46.63	320	36.64	42.75	48.91	38.33
24.	DEMUYNCK Thibaut	02 GOLD BEL	2:52.82	2:47.01	318	36.17	45.08	46.56	39.20
25.	VAN LANGENDONCK Tim	02 OZV BEL	2:52.82	2:47.38	315	36.80	42.57	51.42	36.59
26.	QUINTELIER Max	02 LOR BEL	2:53.55	2:48.59	309	36.80	43.51	49.65	38.63

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 31, Jongens, 200m wisselslag, 14 jaar

Rang	Geb.		Tijd		Pnt	50m	100m	150m	200m	
27.	JACOBS Ben	02 LZV	BEL	3:03.39	2:50.36	299	38.02	48.69	47.77	35.88
28.	D'EXELLE Cedric	02 ZS	BEL	3:05.13	2:51.64	292	38.27	44.27	52.04	37.06
29.	CHRISTIAENS Gilles	02 AZL	BEL	2:52.82	2:56.61	268	38.25	46.18	53.09	39.09
dis	VOLDERS Aiken	02 BEST	BEL	2:38.24						
<i>SW 10.2 - niet de volledige afstand gezwommen</i>										
dis	DEVOLDER Mathis	02 IKZ	BEL	2:40.25						
<i>SW 4.4 - valse start</i>										
dis	BEAUTHIER Killian	02 KVZP	BEL	2:37.07						
<i>SW 7.6 - Niet met 2 handen gelijktijdig muur geraakt bij Keerpunt of Aankomst en/of handen op elkaar gelegd</i>										
dis	DE COCK Ward	02 BZK	BEL	2:48.80						
<i>SW 8.2.c - beide armen niet gelijktijdig naar voor en/of naar achter gebracht</i>										

Programmanr. 32
7-2-2016 - 9:00

Meisjes, 100m schoolslag

13 - 14 jaar
Resultaten

Punten: FINA 2014

Rang	Geb.		Tijd		Pnt	50m	100m	
13 jaar								
1.	DEMEYER Amandine	03 KZK	BEL	1:21.18	1:19.73	525	37.72	42.01
2.	BORGONIE Lisa	03 RZV	BEL	1:24.18	1:21.46	492	38.51	42.95
3.	DE WOLF Laura	03 BZK	BEL	1:21.03	1:21.91	484	38.09	43.82
4.	FEYEN Charlotte	03 BRABO	BEL	1:20.79	1:22.53	474	37.98	44.55
5.	TEIRLINCK Emelie	03 FIRST	BEL	1:26.08	1:22.82	469	38.70	44.12
6.	OSTYN Mira	03 BZK	BEL	1:25.10	1:24.42	442	39.78	44.64
7.	RUIGE Flore	03 STW	BEL	1:29.36	1:26.05	418	40.64	45.41
8.	KEULEMANS Zsofi	03 MEGA	BEL	1:25.73	1:26.41	413	40.60	45.81
9.	VAN TILBURG Dauwe	03 ZCK	BEL	1:30.42	1:27.89	392	40.72	47.17
	VAN LANDUYT Bregje	03 MEGA	BEL	1:28.03	1:27.89	392	42.05	45.84
11.	WITTEMANS Odil	03 ZCT	BEL	1:26.80	1:29.28	374	41.84	47.44
12.	DELCOMMUNE Wiebe	03 ZCT	BEL	1:31.02	1:30.01	365	42.56	47.45
13.	VAN LIMBERGEN Luna	03 BRABO	BEL	1:33.56	1:30.28	362	42.69	47.59
14.	DE BEULE Troede	03 BRABO	BEL	1:30.97	1:30.29	362	42.73	47.56
15.	HAESAERT Isabeau	03 BZK	BEL	1:37.95	1:30.68	357	43.45	47.23
16.	SPINCEMAILLE Luna	03 GOLD	BEL	1:33.20	1:30.74	356	42.83	47.91
17.	PIGEON Kelly	03 KVZP	BEL	1:31.96	1:31.31	350	42.53	48.78
18.	VANDERBEKE Lisa	03 ROSC	BEL	1:33.74	1:33.93	321	44.34	49.59
19.	BULTOT Sam	03 ROSC	BEL	1:36.02	1:35.21	308	45.57	49.64
20.	DE BAER Eline	03 BRABO	BEL	1:33.27	1:35.36	307	44.48	50.88
21.	CARLIER Silke	03 ZCK	BEL	1:39.43	1:36.08	300	44.43	51.65
dis	DEPREZ Jacobien	03 ZTZ	BEL	1:41.63				
<i>SW 7.6 - Niet met 2 handen gelijktijdig muur geraakt bij Keerpunt of Aankomst en/of handen op elkaar gelegd</i>								

14 jaar

1.	VERMEIREN Fleur	02 BRABO	BEL	1:14.69	1:13.08	682	34.15	38.93
2.	WIJNANTS Jasmine	02 SHARK	BEL	1:16.14	1:16.73	589	36.17	40.56
3.	STAES Jolien	02 SHARK	BEL	1:19.51	1:18.62	548	36.96	41.66
4.	VANDENABEELE Indra	02 GOLD	BEL	1:21.89	1:20.53	510	37.98	42.55
5.	DE DUFFELEER Jolien	02 COAST	BEL	1:20.76	1:20.85	504	37.87	42.98
6.	REMMERY Anice	02 KZK	BEL	1:20.83	1:20.91	503	37.39	43.52
7.	DE HEYDER Lot	02 MEGA	BEL	1:28.43	1:23.42	459	39.94	43.48
8.	BOURGOIS Karo	02 COAST	BEL	1:25.58	1:23.73	453	39.95	43.78
9.	SYKORA Renee	02 KZK	BEL	1:23.53	1:24.38	443	39.79	44.59
10.	DEMEYERE Anouk	02 GOLD	BEL	1:26.94	1:24.99	434	38.72	46.27
11.	MULKENS Auke	02 TZ	BEL	1:33.17	1:25.26	429	40.25	45.01
12.	MATHYS Jana	02 FIRST	BEL	1:25.83	1:25.86	420	41.08	44.78
13.	PIETERS Jana	02 HZA	BEL	1:28.41	1:26.11	417	40.21	45.90
14.	DE BAERE Pauline	02 STW	BEL	1:30.00	1:26.90	406	41.72	45.18
15.	WULFRANCKE Erin	02 MEGA	BEL	1:27.97	1:27.47	398	41.80	45.67
16.	BARTORELLI Chiara	02 COAST	BEL	1:29.82	1:27.62	396	42.07	45.55
17.	ROSKIN Lotte	02 TZ	BEL	1:30.22	1:27.66	395	41.83	45.83
18.	BUYTAERT Lotte	02 TSO	BEL	1:29.52	1:28.13	389	40.17	47.96
19.	VAN MINGEROET Silken	02 DZO	BEL	1:31.52	1:28.40	385	42.29	46.11
20.	VERDEYEN Nursulu	02 SHARK	BEL	1:29.17	1:28.49	384	40.87	47.62

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 32, Meisjes, 100m schoolslag, 14 jaar

Rang	Geb.			Tijd	Pnt	50m	100m	
21.	MARTENS Camille	02	OZEKA BEL	1:27.97	1:28.55	383	41.11	47.44
22.	FEYS Jutta	02	TZT BEL	1:31.77	1:29.83	367	41.94	47.89
23.	DEMEESTERE Liza	02	IKZ BEL	1:33.55	1:31.47	348	42.78	48.69
24.	BOGAERTS Luna	02	SCZ BEL	1:33.70	1:33.14	329	43.49	49.65
25.	MEDLAND Louise	02	GZVN BEL	1:31.52	1:33.16	329	43.90	49.26
26.	THEUWIS Rune	02	OZV BEL	1:35.43	1:35.40	306	45.11	50.29
FF	MASSELUS Julie	02	RYSC BEL	1:26.13				
FF	VERSTREPEN Axelle	02	SHARK BEL	1:35.08				
FF	DE STEUR Emma	02	FIRST BEL	1:17.53				

Programmanr. 33
7-2-2016 - 9:14

Jongens, 200m rugslag

11 - 12 jaar
Resultaten

Punten: FINA 2014

Rang	Geb.			Tijd	Pnt	50m	100m	150m	200m	
11 jaar										
1.	DEHAUDT Fernando	05	GOLD BEL	3:16.41	2:58.10	248	42.77	45.60	46.67	43.06
2.	CLOES Stef	05	BEST BEL	3:18.96	3:04.09	224	44.44	47.66	48.16	43.83
3.	HOLLANDERS Jarne	05	SHARK BEL	3:16.21	3:08.87	208	43.65	48.01	48.90	48.31
4.	SCHOTTE Edward	05	ISWIM BEL	3:23.23	3:10.70	202	45.46	49.48	49.48	46.28
5.	RYCKAERT Milan	05	ISWIM BEL	3:27.02	3:15.34	188	45.48	50.19	50.76	48.91
6.	VANSIMAEYS Wout	05	IKZ BEL	3:31.58	3:16.08	185	47.48	51.35	49.58	47.67
7.	DELTOUR Daan	05	ISWIM BEL	3:37.10	3:22.65	168	48.08	51.57	52.81	50.19
8.	CASATUTO Antonio	05	ZCM BEL	3:32.06	3:23.79	165	47.79	52.70	52.44	50.86
9.	VANDROMME Jarno	05	IKZ BEL	3:28.35	3:26.13	160	48.14	53.49	53.99	50.51
10.	RUYSSEN Art	05	GZVN BEL	3:46.27	3:43.71	125	54.02	57.98	55.87	55.84
dis	TALLOEN Sander	05	FIRST BEL	3:02.14						
	<i>SW 6.5.c - Keerpunt niet dadelijk ingezet na borstligging en/of armtrek beweging</i>									
dis	POLLET Rohan	05	DDAT BEL	3:51.49						
	<i>SW 6.5.c - Keerpunt niet dadelijk ingezet na borstligging en/of armtrek beweging</i>									
12 jaar										
1.	CLAEYS Oscar	04	AZ BEL	2:52.31	2:44.99	312	38.69	42.16	43.34	40.80
2.	DIDDENS Senne	04	ZCK BEL	2:57.84	2:46.23	305	38.94	44.13	42.86	40.30
3.	ROTTIERS Ignace	04	ZS BEL	2:54.69	2:46.25	305	38.82	42.91	43.76	40.76
4.	DESIMPELAERE Miguel	04	GOLD BEL	2:54.93	2:46.56	303	39.41	42.44	43.13	41.58
5.	WANTEN Bernd	04	BRABO BEL	3:01.10	2:47.04	300	39.02	42.57	43.70	41.75
6.	ADAMS Lucas	04	MEGA BEL	3:13.33	2:47.89	296	39.11	42.65	44.57	41.56
7.	CLIJSTERS Jef	04	LAQUA BEL	3:02.93	2:50.00	285	40.15	43.10	44.04	42.71
8.	VANNIEUWENHUYZE Arthur	04	ISWIM BEL	3:01.46	2:53.24	269	40.02	44.50	45.27	43.45
9.	SERDONS Tade	04	GZVN BEL	3:04.86	2:55.19	260	40.96	45.28	45.56	43.39
10.	VAN DE WALLE Robbe	04	AZ BEL	3:07.69	2:59.78	241	42.94	46.93	46.03	43.88
11.	DEKIMPE Dries	04	STT BEL	3:17.13	3:02.54	230	43.42	45.92	48.02	45.18
12.	CRIEL Alvaro Nesta	04	MEGA BEL	3:23.23	3:03.26	227	44.59	47.10	47.29	44.28
13.	MABBE Elian	04	GOLD BEL	3:42.07	3:04.40	223	44.79	47.59	48.20	43.82
14.	OOMS Jonah	04	ZBM BEL	3:13.33	3:07.32	213	44.38	48.12	48.49	46.33
FF	VAN ERMEN Alexander	04	LOR BEL	3:11.71						

Programmanr. 34
7-2-2016 - 9:30

Meisjes, 400m vrije slag

11 - 12 jaar
Resultaten

Punten: FINA 2014

Rang	Geb.	Tijd	RT	Pnt				
11 jaar								
1.	VANOTTERDIJK Roos	05	ZWIM	BEL	5:28.80	5:18.05	+0,67	425
	50m: 36.48	36.48	150m: 1:58.30	40.70	250m: 3:20.79	41.56	350m: 4:41.60	39.98
	100m: 1:17.60	41.12	200m: 2:39.23	40.93	300m: 4:01.62	40.83	400m: 5:18.05	36.45
2.	LAZOU Lente	05	GOLD	BEL	5:46.81	5:19.98	+0,77	417
	50m: 34.82	34.82	150m: 1:56.25	41.63	250m: 3:19.67	41.59	350m: 4:41.65	40.32
	100m: 1:14.62	39.80	200m: 2:38.08	41.83	300m: 4:01.33	41.66	400m: 5:19.98	38.33
3.	WITTEMANS Mit	05	ZCT	BEL	5:30.25	5:31.24	+1,02	376
	50m: 36.99	36.99	150m: 1:59.64	41.13	250m: 3:24.45	42.79	350m: 4:50.17	42.73
	100m: 1:18.51	41.52	200m: 2:41.66	42.02	300m: 4:07.44	42.99	400m: 5:31.24	41.07
4.	MATTEEUWS Lie	05	MEGA	BEL	5:43.90	5:40.63	+0,79	346
	50m: 35.82	35.82	150m: 2:02.28	44.06	250m: 3:31.12	44.28	350m: 4:59.19	43.38
	100m: 1:18.22	42.40	200m: 2:46.84	44.56	300m: 4:15.81	44.69	400m: 5:40.63	41.44
5.	AUGUSTIJNS Jill	05	SHARK	BEL	6:21.35	5:44.46	+0,82	334
	50m: 37.96	37.96	150m: 2:07.77	45.16	250m: 3:38.44	44.58	350m: 5:04.48	41.46
	100m: 1:22.61	44.65	200m: 2:53.86	46.09	300m: 4:23.02	44.58	400m: 5:44.46	39.98
6.	DRIESEN Amber	05	DMB	BEL	6:31.91	5:49.19	+0,85	321
	50m: 39.13	39.13	150m: 2:07.98	44.37	250m: 3:37.48	45.01	350m: 5:06.86	44.78
	100m: 1:23.61	44.48	200m: 2:52.47	44.49	300m: 4:22.08	44.60	400m: 5:49.19	42.33
7.	PARDON Maite	05	TZ	BEL	6:16.39	5:50.17	+0,77	318
	50m: 37.02	37.02	150m: 2:06.41	45.64	250m: 3:36.70	45.55	350m: 5:06.35	43.07
	100m: 1:20.77	43.75	200m: 2:51.15	44.74	300m: 4:23.28	46.58	400m: 5:50.17	43.82
8.	NOELS Louise	05	ZCT	BEL	6:21.46	5:51.70	+0,86	314
	50m: 40.62	40.62	150m: 2:09.78	45.13	250m: 3:40.68	45.73	350m: 5:10.39	44.40
	100m: 1:24.65	44.03	200m: 2:54.95	45.17	300m: 4:25.99	45.31	400m: 5:51.70	41.31
9.	MAESEN Roos	05	DMB	BEL	6:12.04	5:51.86	+0,71	313
	50m: 37.91	37.91	150m: 2:08.93	46.48	250m: 3:39.50	45.31	350m: 5:09.58	43.99
	100m: 1:22.45	44.54	200m: 2:54.19	45.26	300m: 4:25.59	46.09	400m: 5:51.86	42.28
10.	VANDENBRANDEN Eline	05	ZCK	BEL	6:06.55	5:52.87	+0,75	311
	50m: 38.15	38.15	150m: 2:09.76	45.40	250m: 3:40.36	46.04	350m: 5:10.81	42.95
	100m: 1:24.36	46.21	200m: 2:54.32	44.56	300m: 4:27.86	47.50	400m: 5:52.87	42.06
11.	ANTHONI Amelie	05	BRABO	BEL	6:39.64	5:55.13	+0,96	305
	50m: 37.80	37.80	150m: 2:06.97	45.83	250m: 3:38.81	45.74	350m: 5:11.74	45.74
	100m: 1:21.14	43.34	200m: 2:53.07	46.10	300m: 4:26.00	47.19	400m: 5:55.13	43.39
12.	CORSTJENS Hanne	05	DMB	BEL	6:28.49	5:56.37	+0,77	302
	50m: 39.80	39.80	150m: 2:09.82	45.75	250m: 3:41.33	44.61	350m: 5:13.53	45.32
	100m: 1:24.07	44.27	200m: 2:56.72	46.90	300m: 4:28.21	46.88	400m: 5:56.37	42.84
13.	BERX Marit	05	STT	BEL	6:31.33	5:57.56	+0,94	299
	50m: 39.52	39.52	150m: 2:12.01	46.51	250m: 3:44.23	45.73	350m: 5:16.08	45.06
	100m: 1:25.50	45.98	200m: 2:58.50	46.49	300m: 4:31.02	46.79	400m: 5:57.56	41.48
14.	VANDERKRIEKEN Frauke	05	BEST	BEL	6:31.91	5:58.69	+0,89	296
	50m: 39.01	39.01	150m: 2:12.71	47.06	250m: 3:46.24	47.20	350m: 5:19.48	46.14
	100m: 1:25.65	46.64	200m: 2:59.04	46.33	300m: 4:33.34	47.10	400m: 5:58.69	39.21
15.	GOBERT Lies	05	MEGA	BEL	6:30.75	6:03.18	+0,52	285
	50m: 39.98	39.98	150m: 2:11.14	47.02	250m: 3:45.25	46.93	350m: 5:19.67	47.66
	100m: 1:24.12	44.14	200m: 2:58.32	47.18	300m: 4:32.01	46.76	400m: 6:03.18	43.51
16.	VANDENBERGHE Hannah	05	ISWIM	BEL	5:52.34	6:04.81	+0,98	281
	50m: 40.24	40.24	150m: 2:13.40	47.76	250m: 3:47.22	47.31	350m: 5:20.44	46.85
	100m: 1:25.64	45.40	200m: 2:59.91	46.51	300m: 4:33.59	46.37	400m: 6:04.81	44.37
17.	DAEMS Lotte	05	ZCK	BEL	6:14.92	6:04.95	+0,66	281
	50m: 38.36	38.36	150m: 2:12.16	47.95	250m: 3:47.41	46.45	350m: 5:22.15	46.81
	100m: 1:24.21	45.85	200m: 3:00.96	48.80	300m: 4:35.34	47.93	400m: 6:04.95	42.80
18.	WAUTERS Lisa	05	STT	BEL	6:20.94	6:06.08	+0,75	278
	50m: 40.08	40.08	150m: 2:14.41	47.59	250m: 3:50.61	48.43	350m: 5:21.24	43.57
	100m: 1:26.82	46.74	200m: 3:02.18	47.77	300m: 4:37.67	47.06	400m: 6:06.08	44.84
19.	GIJSELS Noortje	05	SHARK	BEL	6:35.23	6:06.55	+0,74	277
	50m: 41.44	41.44	150m: 2:15.63	47.84	250m: 3:50.79	47.58	350m: 5:24.60	46.49
	100m: 1:27.79	46.35	200m: 3:03.21	47.58	300m: 4:38.11	47.32	400m: 6:06.55	41.95
20.	GEEROMS Floor	05	SCZ	BEL	6:29.05	6:09.20		271
	50m: 40.98	40.98	150m: 2:16.33	48.02	250m: 3:51.97	47.94	350m: 5:26.63	46.19
	100m: 1:28.31	47.33	200m: 3:04.03	47.70	300m: 4:40.44	48.47	400m: 6:09.20	42.57
21.	JACOBS Ella	05	LZV	BEL	6:13.95	6:09.50	+0,84	271
	50m: 38.79	38.79	150m: 2:13.59	47.99	250m: 3:51.99	49.36	350m: 5:27.67	47.26
	100m: 1:25.60	46.81	200m: 3:02.63	49.04	300m: 4:40.41	48.42	400m: 6:09.50	41.83
22.	VAN DE KEERE Anna	05	ZTZ	BEL	6:37.32	6:12.71	+0,75	264
	50m: 41.02	41.02	150m: 2:14.22	47.66	250m: 3:50.85	47.85	350m: 5:26.93	48.32
	100m: 1:26.56	45.54	200m: 3:03.00	48.78	300m: 4:38.61	47.76	400m: 6:12.71	45.78

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 34, Meisjes, 400m vrije slag, 11 jaar

Rang	Geb.	Tijd	RT	Pnt
23.	MIGNAUW Laura 05	GOLD BEL 6:26.52	6:12.90 +0,91	263
	50m: 42.03 42.03	150m: 2:18.12 48.96	250m: 3:55.82 49.44	350m: 5:28.95 45.13
	100m: 1:29.16 47.13	200m: 3:06.38 48.26	300m: 4:43.82 48.00	400m: 6:12.90 43.95
24.	CORNELISSEN Zita 05	BRABO BEL 7:30.21	6:18.50 +0,77	252
	50m: 39.55 39.55	150m: 2:16.34 49.48	250m: 3:54.83 49.44	350m: 5:34.01 49.30
	100m: 1:28.86 47.31	200m: 3:05.39 49.05	300m: 4:44.71 49.88	400m: 6:18.50 44.49
25.	SWYNGEDOUW Emma 05	FIRST BEL 6:25.18	6:18.64 +0,91	251
	50m: 41.27 41.27	150m: 2:19.38 49.50	250m: 3:57.36 48.68	350m: 5:33.43 46.84
	100m: 1:29.88 48.61	200m: 3:08.68 49.30	300m: 4:46.59 49.23	400m: 6:18.64 45.21
26.	GEYSKENS Sophie 05	LOR BEL 6:22.51	6:20.48 +0,85	248
	50m: 40.42 40.42	150m: 2:17.67 48.59	250m: 3:55.70 49.82	350m: 5:33.38 48.53
	100m: 1:29.08 48.66	200m: 3:05.88 48.21	300m: 4:44.85 49.15	400m: 6:20.48 47.10
27.	BROOS Evy 05	ZORO BEL 6:14.43	6:21.02 +0,83	247
	50m: 41.90 41.90	150m: 2:17.88 49.82	250m: 3:56.71 49.36	350m: 5:33.75 48.08
	100m: 1:28.06 46.16	200m: 3:07.35 49.47	300m: 4:45.67 48.96	400m: 6:21.02 47.27
28.	LONCKE Febe 05	LOR BEL 6:29.05	6:21.79 +0,83	245
	50m: 40.63 40.63	150m: 2:17.45 48.90	250m: 3:57.81 49.78	350m: 5:36.98 49.21
	100m: 1:28.55 47.92	200m: 3:08.03 50.58	300m: 4:47.77 49.96	400m: 6:21.79 44.81
29.	ROOMAN Sarah 05	BRABO BEL 6:19.91	6:23.04 +0,93	243
	50m: 40.43 40.43	150m: 2:16.82 48.69	250m: 3:56.14 49.02	350m: 5:34.97 49.34
	100m: 1:28.13 47.70	200m: 3:07.12 50.30	300m: 4:45.63 49.49	400m: 6:23.04 48.07
30.	ALLOSSERIE Nina 05	IKZ BEL 6:32.61	6:27.94 +0,94	234
	50m: 40.37 40.37	150m: 2:19.21 50.40	250m: 4:00.20 50.24	350m: 5:42.09 51.13
	100m: 1:28.81 48.44	200m: 3:09.96 50.75	300m: 4:50.96 50.76	400m: 6:27.94 45.85
31.	LAMBEETS Lina 05	STT BEL 6:35.46	6:29.03 +0,83	232
	50m: 42.73 42.73	150m: 2:22.00 50.13	250m: 4:00.47 50.92	350m: 5:41.61 51.40
	100m: 1:31.87 49.14	200m: 3:09.55 47.55	300m: 4:50.21 49.74	400m: 6:29.03 47.42
32.	STALLAERT Tessa 05	ZCK BEL 6:31.91	6:32.78 +0,85	225
	50m: 42.89 42.89	150m: 2:22.89 50.39	250m: 4:04.51 50.96	350m: 5:46.00 50.48
	100m: 1:32.50 49.61	200m: 3:13.55 50.66	300m: 4:55.52 51.01	400m: 6:32.78 46.78
33.	RAEMDONCK Benthe-Marie 05	FIRST BEL 7:28.62	6:51.00 +0,85	197
	50m: 41.85 41.85	150m: 2:27.58 54.46	250m: 4:16.86 55.43	350m: 6:03.52 52.45
	100m: 1:33.12 51.27	200m: 3:21.43 53.85	300m: 5:11.07 54.21	400m: 6:51.00 47.48
dis	DELHOUTE Yana 05	TZ BEL 6:19.91		
	<i>SW 10.2 - niet de volledige afstand gezwommen</i>			
FF	BROUX Elise 05	GZVN BEL 5:55.28		
FF	POLFLIET Emmelie 05	OZEKA BEL 6:24.10		

12 jaar

1.	VANHAUWAERT Lotte 04	ROSC BEL 5:09.82	5:01.00 +0,77	501
	50m: 33.37 33.37	150m: 1:49.05 38.23	250m: 3:06.53 38.87	350m: 4:23.47 38.20
	100m: 1:10.82 37.45	200m: 2:27.66 38.61	300m: 3:45.27 38.74	400m: 5:01.00 37.53
2.	TRUYE Alexine 04	GOLD BEL 5:18.85	5:02.71 +0,77	493
	50m: 34.00 34.00	150m: 1:49.72 38.38	250m: 3:07.95 40.08	350m: 4:25.06 39.04
	100m: 1:11.34 37.34	200m: 2:27.87 38.15	300m: 3:46.02 38.07	400m: 5:02.71 37.65
3.	DEHAUDT Malou 04	GOLD BEL 5:09.31	5:05.04 +0,92	481
	50m: 33.35 33.35	150m: 1:49.25 38.28	250m: 3:07.28 39.57	350m: 4:25.33 39.31
	100m: 1:10.97 37.62	200m: 2:27.71 38.46	300m: 3:46.02 38.74	400m: 5:05.04 39.71
4.	LAMMENS Louise 04	OZEKA BEL 5:17.16	5:09.82 +0,76	459
	50m: 33.82 33.82	150m: 1:50.48 39.07	250m: 3:10.17 40.03	350m: 4:31.00 40.70
	100m: 1:11.41 37.59	200m: 2:30.14 39.66	300m: 3:50.30 40.13	400m: 5:09.82 38.82
5.	LIPPENS Karo 04	STW BEL 5:18.24	5:11.74 +0,81	451
	50m: 34.19 34.19	150m: 1:53.13 39.82	250m: 3:13.14 39.68	350m: 4:33.53 39.93
	100m: 1:13.31 39.12	200m: 2:33.46 40.33	300m: 3:53.60 40.46	400m: 5:11.74 38.21
6.	PRESENT Annika 04	STW BEL 5:21.67	5:12.13 +0,94	449
	50m: 34.83 34.83	150m: 1:54.21 40.01	250m: 3:15.98 40.58	350m: 4:35.85 39.40
	100m: 1:14.20 39.37	200m: 2:35.40 41.19	300m: 3:56.45 40.47	400m: 5:12.13 36.28
7.	BOGAERTS Aisha 04	SCZ BEL 5:24.28	5:16.55 +0,80	431
	50m: 35.22 35.22	150m: 1:53.59 39.96	250m: 3:15.67 41.37	350m: 4:38.62 41.73
	100m: 1:13.63 38.41	200m: 2:34.30 40.71	300m: 3:56.89 41.22	400m: 5:16.55 37.93
8.	TROP Yana 04	SHARK BEL 6:29.65	5:19.17 +0,87	420
	50m: 35.73 35.73	150m: 1:55.56 40.89	250m: 3:18.73 41.60	350m: 4:41.32 40.91
	100m: 1:14.67 38.94	200m: 2:37.13 41.57	300m: 4:00.41 41.68	400m: 5:19.17 37.85
9.	LAUWERS Jitske 04	TZ BEL 5:42.54	5:23.71 +0,97	403
	50m: 34.69 34.69	150m: 1:56.01 41.37	250m: 3:20.59 42.05	350m: 4:45.82 42.61
	100m: 1:14.64 39.95	200m: 2:38.54 42.53	300m: 4:03.21 42.62	400m: 5:23.71 37.89
10.	TOMCSIK Kira 04	TZ HUN 5:30.44	5:24.74 +0,78	399
	50m: 35.16 35.16	150m: 1:58.91 42.52	250m: 3:23.02 42.53	350m: 4:46.03 41.50
	100m: 1:16.39 41.23	200m: 2:40.49 41.58	300m: 4:04.53 41.51	400m: 5:24.74 38.71
11.	AVALOS LLERENA Diana 04	TZ BEL 5:34.47	5:25.37 +0,81	397
	50m: 34.99 34.99	150m: 1:58.81 42.46	250m: 3:22.89 41.94	350m: 4:46.82 41.40
	100m: 1:16.35 41.36	200m: 2:40.95 42.14	300m: 4:05.42 42.53	400m: 5:25.37 38.55

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 34, Meisjes, 400m vrije slag, 12 jaar

Rang	Geb.		Tijd	RT	Pnt		
12.	MARTENS Elisabeth	04 MEGA BEL	5:30.77	5:25.60 +0,80	396	350m:	4:46.30 41.76
	50m: 35.69	35.69	150m: 1:58.53	42.36	250m: 3:22.10	41.66	
	100m: 1:16.17	40.48	200m: 2:40.44	41.91	300m: 4:04.54	42.44	400m: 5:25.60 39.30
13.	VERMOERE Sarah	04 KZK BEL	5:31.13	5:26.80 +0,86	391	350m:	4:47.82 41.75
	50m: 36.19	36.19	150m: 1:59.36	42.87	250m: 3:24.04	42.84	
	100m: 1:16.49	40.30	200m: 2:41.20	41.84	300m: 4:06.07	42.03	400m: 5:26.80 38.98
14.	DEKERVEL Emma	04 ISWIM BEL	6:03.49	5:27.00 +0,85	391	350m:	4:48.30 40.22
	50m: 36.13	36.13	150m: 1:59.37	42.23	250m: 3:25.01	42.87	
	100m: 1:17.14	41.01	200m: 2:42.14	42.77	300m: 4:08.08	43.07	400m: 5:27.00 38.70
15.	JANSSSEN Sien	04 DMB BEL	5:58.07	5:29.60 +0,73	381	350m:	4:49.90 41.77
	50m: 36.56	36.56	150m: 2:00.24	42.68	250m: 3:25.96	42.52	
	100m: 1:17.56	41.00	200m: 2:43.44	43.20	300m: 4:08.13	42.17	400m: 5:29.60 39.70
16.	ANGELLIER Liloue	04 ZCT BEL	5:46.67	5:29.92 +0,71	380	350m:	4:51.57 41.74
	50m: 38.37	38.37	150m: 2:03.44	42.96	250m: 3:27.77	41.32	
	100m: 1:20.48	42.11	200m: 2:46.45	43.01	300m: 4:09.83	42.06	400m: 5:29.92 38.35
17.	WELS Evy	04 GZVN BEL	5:50.52	5:30.61 +1,07	378	350m:	4:53.48 42.21
	50m: 36.39	36.39	150m: 2:01.39	43.35	250m: 3:27.63	42.76	
	100m: 1:18.04	41.65	200m: 2:44.87	43.48	300m: 4:11.27	43.64	400m: 5:30.61 37.13
18.	KEPPENS Mare	04 AZL BEL	5:48.93	5:31.71 +0,84	374	350m:	4:52.77 42.27
	50m: 36.67	36.67	150m: 2:00.89	42.49	250m: 3:27.48	43.17	
	100m: 1:18.40	41.73	200m: 2:44.31	43.42	300m: 4:10.50	43.02	400m: 5:31.71 38.94
19.	SOENEN Manon	04 RYSC BEL	5:47.77	5:33.76 +0,86	367	350m:	4:53.84 42.51
	50m: 36.79	36.79	150m: 2:02.35	43.29	250m: 3:27.79	42.32	
	100m: 1:19.06	42.27	200m: 2:45.47	43.12	300m: 4:11.33	43.54	400m: 5:33.76 39.92
20.	MARTELEUR Tille	04 ZCT BEL	5:44.94	5:34.05 +0,90	366	350m:	4:53.17 42.17
	50m: 38.36	38.36	150m: 2:03.58	42.89	250m: 3:28.47	42.45	
	100m: 1:20.69	42.33	200m: 2:46.02	42.44	300m: 4:11.00	42.53	400m: 5:34.05 40.88
21.	WIJNANTS Eveline	04 SHARK BEL	5:39.54	5:34.78 +0,80	364	350m:	4:55.05 42.78
	50m: 37.06	37.06	150m: 2:02.13	43.09	250m: 3:29.41	43.29	
	100m: 1:19.04	41.98	200m: 2:46.12	43.99	300m: 4:12.27	42.86	400m: 5:34.78 39.73
22.	NEVELSTEEN Yanah	04 ZGEEL BEL	5:39.12	5:36.68 +0,80	358	350m:	4:56.91 43.65
	50m: 37.36	37.36	150m: 2:02.84	43.72	250m: 3:30.25	44.57	
	100m: 1:19.12	41.76	200m: 2:45.68	42.84	300m: 4:13.26	43.01	400m: 5:36.68 39.77
23.	MAX Lara	04 TZ BEL	5:48.68	5:39.37 +0,86	349	350m:	4:57.29 44.11
	50m: 36.25	36.25	150m: 1:59.76	42.52	250m: 3:28.53	43.81	
	100m: 1:17.24	40.99	200m: 2:44.72	44.96	300m: 4:13.18	44.65	400m: 5:39.37 42.08
24.	LINGIER Loes	04 BZK BEL	5:53.79	5:39.56 +0,86	349	350m:	4:59.73 42.37
	50m: 38.19	38.19	150m: 2:06.07	44.52	250m: 3:34.61	44.67	
	100m: 1:21.55	43.36	200m: 2:49.94	43.87	300m: 4:17.36	42.75	400m: 5:39.56 39.83
25.	VANDECASTEELE Sara	04 OZEKA BEL	5:44.54	5:40.70 +0,83	345	350m:	5:01.84 42.93
	50m: 37.85	37.85	150m: 2:06.05	44.62	250m: 3:34.19	44.00	
	100m: 1:21.43	43.58	200m: 2:50.19	44.14	300m: 4:18.91	44.72	400m: 5:40.70 38.86
26.	HUYSMANS Silke	04 ZCK BEL	5:54.50	5:45.68 +0,73	331	350m:	5:03.26 44.76
	50m: 36.81	36.81	150m: 2:05.76	45.35	250m: 3:34.30	44.53	
	100m: 1:20.41	43.60	200m: 2:49.77	44.01	300m: 4:18.50	44.20	400m: 5:45.68 42.42
27.	VAN DEN HEUVEL Alyssa	04 LWB BEL	5:52.96	5:48.70 +0,84	322	350m:	5:05.60 44.60
	50m: 36.86	36.86	150m: 2:03.89	44.72	250m: 3:35.45	45.61	
	100m: 1:19.17	42.31	200m: 2:49.84	45.95	300m: 4:21.00	45.55	400m: 5:48.70 43.10
28.	LEYTEN Hannelore	04 ZGEEL BEL	5:54.09	5:48.89 +0,86	322	350m:	5:05.75 45.57
	50m: 37.75	37.75	150m: 2:04.25	44.86	250m: 3:34.39	45.26	
	100m: 1:19.39	41.64	200m: 2:49.13	44.88	300m: 4:20.18	45.79	400m: 5:48.89 43.14
29.	DE BACKER Annelore	04 KVZP BEL	6:08.40	5:51.99 +0,86	313	350m:	5:10.69 44.83
	50m: 39.57	39.57	150m: 2:09.58	45.37	250m: 3:41.40	45.72	
	100m: 1:24.21	44.64	200m: 2:55.68	46.10	300m: 4:25.86	44.46	400m: 5:51.99 41.30
30.	DE BACKER Marie	04 ZTZ BEL	6:03.07	5:54.56 +0,86	306	350m:	5:11.76 43.25
	50m: 39.70	39.70	150m: 2:10.81	46.19	250m: 3:42.44	45.68	
	100m: 1:24.62	44.92	200m: 2:56.76	45.95	300m: 4:28.51	46.07	400m: 5:54.56 42.80
dis	QUINTELIER Perle	04 RYSC BEL	5:28.12				
	SW 4.4 - valse start						

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 35
7-2-2016 - 10:30

Jongens, 200m rugslag

13 - 14 jaar
Resultaten

Punten: FINA 2014

Rang	Geb.	Tijd	Pnt	50m	100m	150m	200m		
13 jaar									
1.	GERRITSEN Mike	03 AZV NED	2:40.52	2:30.47	411	34.47	39.81	39.66	36.53
2.	JORIS Luca	03 DDAT BEL	2:45.36	2:35.87	370	36.99	39.89	41.00	37.99
3.	VAN ROMPAEY Senne	03 BRABO BEL	2:45.98	2:36.45	366	36.29	40.20	40.86	39.10
4.	CARCHON Brecht	03 ZCT BEL	2:49.95	2:38.69	350	38.00	40.92	41.76	38.01
5.	DAVID Loeka	03 MEGA BEL	3:02.05	2:39.48	345	37.96	41.73	40.95	38.84
6.	VAN DYCK Brent	03 SHARK BEL	2:42.59	2:41.14	335	38.10	41.83	41.49	39.72
7.	VAN GENECHTEN Sander	03 SHARK BEL	2:48.77	2:44.33	315	37.54	41.65	42.17	42.97
8.	MENTENS Jarne	03 OZV BEL	2:44.10	2:46.12	305	38.56	42.86	42.73	41.97
9.	VAN NIEUWENHOVEN Joran	03 LAQUA BEL	3:12.02	2:47.36	299	39.77	43.60	44.10	39.89
10.	VAN DROOGENBROECK Niels	03 LAQUA BEL	3:17.13	2:47.98	295	40.66	42.70	43.57	41.05
11.	LUST Henri	03 AZ BEL	2:58.10	2:51.04	280	39.76	44.94	43.59	42.75
12.	OP DE BEECK Maarten	03 DIZV BEL	2:53.08	2:51.47	278	39.60	43.14	44.95	43.78
13.	VERSTRAETEN Gihao	03 OZEKA BEL	3:09.90	2:52.49	273	39.39	44.26	45.03	43.81
14.	BERGHMANS Sam	03 ZS BEL	3:09.75	2:59.87	240	41.82	46.20	45.99	45.86
dis	GUILLEMENY Lucas	03 KZK BEL	2:30.91						
<i>SW 6.4.b - Lichaam volledig onder water, uitgezonderd de eerste 15m na S of KP</i>									
dis	JORIS Dante	03 DDAT BEL	3:08.09						
<i>SW 6.5.c - Keerpunt niet dadelijk ingezet na borstligging en/of armtrek beweging</i>									

14 jaar

1.	FRANCKX Stan	02 TZ BEL	2:17.14	2:15.51	563	31.32	34.04	35.47	34.68
2.	WYNS Seppe	02 SHARK BEL	2:30.24	2:21.49	494	33.44	35.85	36.69	35.51
3.	VAN SYNGHEL Noah	02 OZEKA BEL	2:28.85	2:23.64	473	32.83	36.46	37.74	36.61
4.	VAN HOREN Senne	02 ZNA BEL	2:32.20	2:25.48	455	33.98	37.50	38.12	35.88
5.	ARDENOY Viktor	02 BZK BEL	2:30.85	2:25.76	452	33.54	37.45	37.53	37.24
6.	VAN MIEGHEM Alexander	02 MEGA BEL	2:43.30	2:33.40	388	36.09	39.41	39.54	38.36
7.	VOLDERS Aiken	02 BEST BEL	2:42.45	2:36.41	366	36.63	40.97	40.95	37.86
8.	VAN KEMENADE Brent	02 BRABO BEL	2:40.03	2:36.88	363	36.45	39.67	40.85	39.91
9.	BOMANS Jan	02 BRABO BEL	2:41.90	2:39.00	348	37.24	41.31	40.35	40.10
10.	LINGIER Elias	02 ROSC BEL	2:44.57	2:39.09	348	37.08	40.78	41.17	40.06
11.	KALLAERT Dries	02 MEGA BEL	2:57.48	2:41.02	335	38.54	41.59	41.83	39.06
12.	COKELAERE Matthijs	02 KZK BEL	2:44.17	2:41.19	334	37.79	40.95	41.78	40.67
13.	VAN LANGENDONCK Tim	02 OZV BEL	2:52.10	2:42.37	327	37.52	41.62	42.55	40.68
14.	TRUYEN Ruben	02 DMB BEL	2:46.99	2:43.40	321	38.20	41.54	42.93	40.73
15.	VANGERVEN Thomas	02 OZV BEL	2:59.13	2:43.49	320	38.20	42.42	42.97	39.90
16.	CHRISTIAENS Gilles	02 AZL BEL	2:56.72	2:57.26	251	41.54	44.11	45.70	45.91
dis	DE MEYER Niels	02 BRABO BEL	2:34.97						
<i>SW.6.3. - Rugligging verlaten, behalve bij KP met borstligging</i>									

Programmanr. 36
7-2-2016 - 10:48

Meisjes, 400m wisselslag

13 - 14 jaar
Resultaten

Punten: FINA 2014

Rang	Geb.	Tijd	RT	Pnt			
13 jaar							
1.	DILLEN Jans	03 MOZKA BEL	6:01.07	5:35.36 +0,79	512		
	50m: 36.29	150m: 2:02.74	43.99	250m: 3:33.78	47.98	350m: 5:00.84	37.78
	100m: 1:18.75	200m: 2:45.80	43.06	300m: 4:23.06	49.28	400m: 5:35.36	34.52
2.	FEYEN Charlotte	03 BRABO BEL	5:49.77	5:49.56 +0,77	452		
	50m: 38.69	150m: 2:11.78	44.64	250m: 3:43.19	47.50	350m: 5:12.51	40.36
	100m: 1:27.14	200m: 2:55.69	43.91	300m: 4:32.15	48.96	400m: 5:49.56	37.05
3.	DAEMEN Emma	03 DMB BEL	6:00.16	5:49.61 +0,86	452		
	50m: 37.61	150m: 2:09.30	44.61	250m: 3:43.04	49.60	350m: 5:12.46	39.59
	100m: 1:24.69	200m: 2:53.44	44.14	300m: 4:32.87	49.83	400m: 5:49.61	37.15
4.	MOENS Joyce	03 DZO BEL	6:25.10	5:55.48 +0,76	430		
	50m: 36.81	150m: 2:07.59	47.84	250m: 3:42.39	48.18	350m: 5:14.94	41.98
	100m: 1:19.75	200m: 2:54.21	46.62	300m: 4:32.96	50.57	400m: 5:55.48	40.54

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 36, Meisjes, 400m wisselslag, 13 jaar

Rang	Geb.		Tijd		RT	Pnt			
5.	VANDEPUTTE Silke	03 BRABO BEL	6:21.99	6:07.29	+0,97	390	350m:	5:28.67	39.56
	50m: 38.78	38.78	150m: 2:12.79	46.11	250m: 3:53.76	55.51	400m:	6:07.29	38.62
	100m: 1:26.68	47.90	200m: 2:58.25	45.46	300m: 4:49.11	55.35			
6.	VAN DEUN Elena	03 BRABO BEL	6:12.23	6:12.59	+0,79	373	350m:	5:33.38	40.23
	50m: 38.40	38.40	150m: 2:14.70	47.63	250m: 3:56.79	54.88	400m:	6:12.59	39.21
	100m: 1:27.07	48.67	200m: 3:01.91	47.21	300m: 4:53.15	56.36			
7.	PAREIJN Luna	03 DMB BEL	6:48.85	6:14.75	+0,81	367	350m:	5:34.78	41.18
	50m: 43.99	43.99	150m: 2:24.09	45.83	250m: 4:00.72	52.17	400m:	6:14.75	39.97
	100m: 1:38.26	54.27	200m: 3:08.55	44.46	300m: 4:53.60	52.88			

14 jaar

1.	BRISSINCK Justine	02 ROSC BEL	5:39.27	5:22.22	+0,81	578	350m:	4:45.36	38.43
	50m: 33.28	33.28	150m: 1:52.76	41.30	250m: 3:19.76	45.88	400m:	5:22.22	36.86
	100m: 1:11.46	38.18	200m: 2:33.88	41.12	300m: 4:06.93	47.17			
2.	QUINTELIER Jade	02 RYSC BEL	5:34.96	5:23.93		569	350m:	4:48.58	37.00
	50m: 34.72	34.72	150m: 1:55.58	40.71	250m: 3:23.08	46.79	400m:	5:23.93	35.35
	100m: 1:14.87	40.15	200m: 2:36.29	40.71	300m: 4:11.58	48.50			
3.	DE CARNE Lara	02 FIRST BEL	5:40.33	5:24.32	+0,72	566	350m:	4:50.03	38.07
	50m: 33.94	33.94	150m: 1:59.81	43.43	250m: 3:25.99	44.98	400m:	5:24.32	34.29
	100m: 1:16.38	42.44	200m: 2:41.01	41.20	300m: 4:11.96	45.97			
4.	WIJNANTS Jasmine	02 SHARK BEL	5:37.52	5:27.80	+0,82	549	350m:	4:50.39	38.80
	50m: 33.19	33.19	150m: 1:59.24	46.03	250m: 3:27.21	43.47	400m:	5:27.80	37.41
	100m: 1:13.21	40.02	200m: 2:43.74	44.50	300m: 4:11.59	44.38			
5.	VAN WALLENDael Sarah	02 BRABO BEL	5:39.25	5:36.00	+0,82	509	350m:	4:58.79	38.23
	50m: 33.78	33.78	150m: 1:56.48	41.31	250m: 3:29.02	51.92	400m:	5:36.00	37.21
	100m: 1:15.17	41.39	200m: 2:37.10	40.62	300m: 4:20.56	51.54			
6.	TALLOEN Charlot	02 FIRST BEL	5:40.87	5:36.40	+0,94	508	350m:	4:57.95	39.55
	50m: 34.27	34.27	150m: 1:58.65	42.96	250m: 3:28.73	49.18	400m:	5:36.40	38.45
	100m: 1:15.69	41.42	200m: 2:39.55	40.90	300m: 4:18.40	49.67			
7.	VANDEKERKHOF Merle	02 DMB BEL	5:36.72	5:44.00	+0,87	475	350m:	5:04.91	40.79
	50m: 35.37	35.37	150m: 1:59.88	43.55	250m: 3:32.89	50.88	400m:	5:44.00	39.09
	100m: 1:16.33	40.96	200m: 2:42.01	42.13	300m: 4:24.12	51.23			
8.	MATHYS Jana	02 FIRST BEL	5:46.34	5:47.42	+0,82	461	350m:	5:10.32	40.47
	50m: 37.27	37.27	150m: 2:06.90	45.79	250m: 3:40.88	49.27	400m:	5:47.42	37.10
	100m: 1:21.11	43.84	200m: 2:51.61	44.71	300m: 4:29.85	48.97			
9.	TAECKE Ine	02 COAST BEL	6:12.21	5:57.72	+0,88	422	350m:	5:20.27	40.42
	50m: 38.29	38.29	150m: 2:08.27	42.81	250m: 3:44.50	54.11	400m:	5:57.72	37.45
	100m: 1:25.46	47.17	200m: 2:50.39	42.12	300m: 4:39.85	55.35			
10.	MOMMAERTS Nele	02 ZORO BEL	5:53.83	5:59.20	+0,81	417	350m:	5:22.06	39.53
	50m: 38.35	38.35	150m: 2:10.31	45.16	250m: 3:46.93	55.09	400m:	5:59.20	37.14
	100m: 1:25.15	46.80	200m: 2:51.84	41.53	300m: 4:42.53	55.60			
11.	VANGELOVEN Anisha	02 DMB BEL	6:14.00	6:12.35	+0,77	374	350m:	5:32.52	41.15
	50m: 38.32	38.32	150m: 2:15.76	49.71	250m: 3:56.03	53.19	400m:	6:12.35	39.83
	100m: 1:26.05	47.73	200m: 3:02.84	47.08	300m: 4:51.37	55.34			
FF	DE STEUR Emma	02 FIRST BEL	5:29.19						

Programmanr. 37
7-2-2016 - 11:08

Jongens, 100m schoolslag

11 - 12 jaar
Resultaten

Punten: FINA 2014

Rang	Geb.		Tijd		Pnt	50m	100m
11 jaar							
1.	TALLOEN Sander	05 FIRST BEL	1:36.66	1:28.91	284	41.81	47.10
2.	THYS Jens	05 HZA BEL	1:40.02	1:31.87	257	42.08	49.79
3.	MARTENS Leonard	05 MEGA BEL	1:40.87	1:35.26	231	45.46	49.80
4.	VERREET Milan	05 SHARK BEL	1:39.63	1:36.64	221	45.98	50.66
5.	ABBEEL Stef	05 BRABO BEL	1:44.83	1:39.98	199	47.44	52.54
6.	VANHOVE Maxime	05 ZGEE BEL	1:46.68	1:40.17	198	48.47	51.70
7.	GEBRUERS Alex	05 ZVL BEL	1:47.68	1:41.00	193	47.60	53.40
8.	HERMAN Aidan	05 FIRST BEL	1:43.65	1:41.83	189	48.08	53.75
9.	BOUCKAERT Jean	05 ISWIM BEL	1:55.44	1:43.99	177	48.57	55.42
10.	VAN CLEVEN Thijs	05 BZK BEL	1:52.00	1:44.13	176	49.69	54.44
11.	VAN DER DONCKT Jannes	05 LAQUA BEL	1:48.59	1:44.17	176	49.91	54.26
12.	VLIEGHE Loeka	05 IKZ BEL	1:47.23	1:46.51	165	50.75	55.76
13.	BUYTAERT Charles	05 BRABO BEL	1:49.13	1:46.58	165	50.16	56.42

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 37, Jongens, 100m schoolslag, 11 jaar

Rang	Geb.	Tijd	Pnt	50m	100m		
14.	SCHWERIN Alexander	05 SHARK BEL	1:49.34	1:46.93	163	50.86	56.07
15.	HELSEN Michiel	05 ZGEEL BEL	1:49.87	1:46.99	163	51.36	55.63
16.	VAN DER HAEGHEN Siebe	05 FIRST BEL	1:48.73	1:48.10	158	51.32	56.78
17.	SCHRICKX Jasper	05 ZS BEL	1:47.18	1:48.42	156	51.48	56.94
18.	BIGGS Kalvin	05 LAQUA GBR	1:58.06	1:48.51	156	52.40	56.11
19.	POLLET Rohan	05 DDAT BEL	1:58.85	1:49.83	150	50.75	59.08
20.	DE JONGE Dries	05 SHARK BEL	1:48.13	1:50.00	150	50.91	59.09
21.	HOLLANDERS Jarne	05 SHARK BEL	1:48.39	1:50.19	149	51.66	58.53
22.	VANSIMAEYS Wout	05 IKZ BEL	1:54.24	1:52.13	141	53.24	58.89
dis	FERYN Tibbe	05 ZCK BEL	1:52.81				
	<i>SW 4.4 - valse start</i>						
dis	NAESSENS Mirko	05 LAQUA BEL	1:57.23				
	<i>SW 7.4.a - beenbewegingen niet gelijktijdig of niet in hetzelfde horizontale vlak uitgevoerd</i>						
dis	HECQ Kenzo	05 LAQUA BEL	1:52.77				
	<i>SW 7.4.c - hoofd doorbreekt wateroppervlak niet vooraleer de armen binnenwaarts te brengen bij de 2de armbeweging</i>						
FF	VANDEN BOSSCHE Gabriel	05 DDAT BEL	1:55.69				

12 jaar

1.	SAIDI Yassin	04 BRABO BEL	1:25.82	1:26.05	313	40.13	45.92
2.	TANGHE Kasper	04 BRABO BEL	1:28.60	1:26.32	310	41.07	45.25
3.	VANHOLLEBEKE Maxence	04 ZNA BEL	1:31.37	1:28.20	291	40.12	48.08
4.	DESIMPELAERE Miguel	04 GOLD BEL	1:35.13	1:28.53	287	41.64	46.89
5.	COLMAN Arjen	04 DZO BEL	1:32.45	1:29.57	278	42.73	46.84
6.	WEYTS Milan	04 STW BEL	1:30.96	1:29.80	275	42.39	47.41
7.	CASTEUR Xander	04 GOLD BEL	1:33.99	1:30.00	274	42.17	47.83
8.	DE CORTE Simon	04 BZK BEL	1:33.40	1:30.91	265	43.28	47.63
9.	COLMAN Ruben	04 DZO BEL	1:34.53	1:31.62	259	43.86	47.76
10.	CAMERLYNCK Mathias	04 KVZP BEL	1:34.14	1:32.92	249	43.79	49.13
11.	ZWIJNS Kevin	04 ZS NED	1:38.63	1:33.40	245	44.11	49.29
12.	SAPIJN Kobe	04 FIRST BEL	1:38.31	1:33.90	241	45.52	48.38
13.	MULKENS Bavo	04 LAQUA BEL	1:42.24	1:33.93	241	44.92	49.01
14.	ALAMI Noah	04 AZL BEL	1:39.50	1:34.21	238	44.83	49.38
15.	RUIGE Matisse	04 STW BEL	1:39.50	1:35.36	230	44.82	50.54
16.	LAUREYSSENS Daniel	04 ZS BEL	1:35.51	1:35.39	230	44.96	50.43
17.	OOMS Jonah	04 ZBM BEL	1:37.49	1:35.60	228	45.48	50.12
	VERBEEK Sem	04 SHARK BEL	1:37.62	1:35.60	228	44.10	51.50
19.	DELEEBEECK Arne	04 BRABO BEL	1:39.25	1:36.54	222	45.48	51.06
20.	HEREMANS Nino	04 HZA BEL	1:50.17	1:37.10	218	44.84	52.26
21.	HILLAERT Tibo	04 FIRST BEL	1:45.91	1:37.30	216	47.05	50.25
22.	CLAEYS Oscar	04 AZ BEL	1:36.97	1:38.11	211	45.79	52.32
23.	MATTHIJS Laurenz	04 SCZ BEL	1:46.96	1:39.20	204	46.82	52.38
24.	RESTIAU Robbe	04 ZS BEL	1:42.89	1:40.37	197	48.64	51.73
25.	HAUTEKIE Loeka	04 BZK BEL	1:38.80	1:40.45	197	47.37	53.08
26.	LEROUX Wout	04 MEGA BEL	1:57.28	1:50.24	149	52.21	58.03

Programmanr. 38
7-2-2016 - 11:24

Meisjes, 200m schoolslag

11 - 12 jaar
Resultaten

Punten: FINA 2014

Rang	Geb.	Tijd	Pnt	50m	100m	150m	200m		
11 jaar									
1.	HUYS Jorinde	05 GZVN BEL	3:45.10	3:18.50	344	44.15	51.93	51.07	51.35
2.	DELCOMMUNE Zinke	05 ZCT BEL	3:18.72	3:21.64	328	45.17	51.74	52.24	52.49
3.	SEMPELS Aurélie	05 STT BEL	3:41.41	3:22.21	325	45.50	52.44	52.16	52.11
4.	DEBROUWER Sarah	05 RYSC BEL	3:49.05	3:28.69	296	49.78	54.89	54.28	49.74
5.	VANMEENEN Laura	05 ISWIM BEL	4:01.55	3:29.22	293	48.70	53.92	54.33	52.27
6.	STALLAERT Tessa	05 ZCK BEL	3:47.37	3:32.07	282	47.14	56.03	55.91	52.99
7.	VANMEENEN Sara	05 ISWIM BEL	3:55.16	3:33.80	275	48.71	54.69	55.57	54.83
8.	ALLOSSERIE Nina	05 IKZ BEL	4:04.57	3:36.83	264	49.17	55.56	55.43	56.67
9.	VANDEN BERGHE Auke	05 ZB BEL	4:04.57	3:37.95	260	50.30	56.17	57.02	54.46
10.	GEEROMS Floor	05 SCZ BEL	3:37.12	3:40.58	250	50.00	56.25	57.16	57.17
11.	RAECKE Jana	05 BZK BEL	4:01.97	3:45.15	235	51.29	57.84	57.30	58.72
12.	DE CARNE Mila	05 FIRST BEL	3:55.24	3:45.32	235	53.94	58.53	58.31	54.54

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 38, Meisjes, 200m schoolslag

12 jaar

Rang	Naam	Geb.	Club	Land	Tijd	Pnt	50m	100m	150m	200m	
1.	DORNEZ Febe	04	ZTZ	BEL	3:03.21	2:55.63	496	39.78	45.24	45.06	45.55
2.	MAEREVOET Marie	04	SHARK	BEL	3:03.78	3:03.17	438	40.41	47.95	47.13	47.68
3.	DINNEWETH Axelle	04	ZTZ	BEL	3:11.55	3:05.27	423	41.12	47.00	48.08	49.07
4.	GORIS Resy	04	LWB	BEL	3:07.86	3:05.33	422	40.72	47.29	48.23	49.09
5.	TROP Yana	04	SHARK	BEL	3:14.28	3:09.40	396	43.39	49.05	48.89	48.07
6.	STRUYF Lieselot	04	HZA	BEL	3:20.00	3:14.26	367	44.68	51.36	51.42	46.80
7.	VERMOERE Sarah	04	KZK	BEL	3:17.09	3:17.19	351	43.59	49.99	51.47	52.14
8.	AVALOS LLERENA Diana	04	TZ	BEL	3:10.56	3:19.49	339	43.57	50.93	51.92	53.07
9.	LETERME Margo	04	IKZ	BEL	3:26.04	3:21.81	327	46.19	53.12	52.40	50.10
10.	MAX Lara	04	TZ	BEL	3:17.96	3:21.84	327	45.56	51.24	52.61	52.43
11.	THIJSSSEN Hanne	04	HZS	BEL	3:34.43	3:22.17	325	47.09	52.09	52.49	50.50
12.	VAN BELLE Amber	04	ZCT	BEL	3:27.80	3:24.09	316	47.53	52.10	52.17	52.29

Programmanr. 39
7-2-2016 - 11:36

Jongens, 200m vlinderslag

13 - 14 jaar
Resultaten

Punten: FINA 2014

Rang	Naam	Geb.	Club	Land	Tijd	Pnt	50m	100m	150m	200m	
13 jaar											
1.	OKENS Jari	03	ZCK	BEL	2:47.13	2:34.26	377	34.13	38.88	39.87	41.38
2.	GIELEN Yordi	03	DMB	BEL	3:02.38	2:41.42	329	34.11	40.99	43.36	42.96
3.	HOLLANDERS Ian	03	SHARK	BEL	2:46.20	2:48.75	288	36.66	43.75	45.22	43.12
4.	GEUENS Lars	03	OZV	BEL	2:44.58	2:52.19	271	33.66	41.50	46.41	50.62
5.	VAN GENECHTEN Sander	03	SHARK	BEL	3:18.15	3:11.77	196	39.01	48.28	51.16	53.32
dis	HAESAERT Elias	03	BZK	BEL	2:47.85						
<i>SW 8.4 - niet met 2 handen gelijktijdig muur geraakt bij KP of A / en/of handen niet gescheiden</i>											
dis	VAN EETVELDE Kasper	03	AZK	BEL	3:43.34						
<i>SW 8.2.a - armen niet boven water naar voor gebracht</i>											

14 jaar

Rang	Naam	Geb.	Club	Land	Tijd	Pnt	50m	100m	150m	200m	
1.	WYNS Seppe	02	SHARK	BEL	2:33.14	2:27.78	429	32.59	37.94	38.71	38.54
2.	OBRENO Arthur	02	BZK	BEL	2:40.18	2:31.00	402	32.95	38.80	38.55	40.70
3.	DUJARDIN Guillaume	02	MEGA	BEL	2:33.51	2:32.42	391	32.87	38.59	40.17	40.79
4.	VOGLAR Robbe	02	DMB	BEL	2:40.35	2:32.52	390	34.04	38.76	40.26	39.46
5.	LIEKENS Jasper	02	SHARK	BEL	2:40.19	2:33.86	380	32.64	39.09	41.09	41.04
6.	MESTDAGH Arne	02	KZK	BEL	2:40.51	2:39.38	342	34.45	40.28	42.35	42.30
7.	LEROUX Jef	02	MEGA	BEL	2:45.36	2:39.61	341	34.23	42.04	42.79	40.55
8.	DEJONGHE Arnaud	02	COAST	BEL	3:01.47	2:40.04	338	34.55	41.46	42.80	41.23
9.	ARDENOY Viktor	02	BZK	BEL	2:42.90	2:42.77	321	34.40	41.15	43.38	43.84
10.	DEVOLDER Mathis	02	IKZ	BEL	2:45.72	2:42.85	321	35.40	42.95	43.43	41.07

Programmanr. 40
7-2-2016 - 11:46

Meisjes, 100m vlinderslag

13 - 14 jaar
Resultaten

Punten: FINA 2014

Rang	Naam	Geb.	Club	Land	Tijd	Pnt	50m	100m	
13 jaar									
1.	WAUTERS Laura	03	STT	BEL	1:11.19	1:10.88	492	32.28	38.60
2.	MOENS Joyce	03	DZO	BEL	1:19.40	1:14.34	427	35.14	39.20
3.	VAN GORP Lies	03	LAQUA	BEL	1:15.64	1:16.86	386	34.88	41.98
4.	ESPEEL Charlotte	03	RYSK	BEL	1:18.42	1:17.98	369	36.42	41.56
5.	VAN LANDUYT Bregje	03	MEGA	BEL	1:29.97	1:18.21	366	35.95	42.26
6.	HUYSMANS Britt	03	SHARK	BEL	1:20.34	1:18.80	358	35.58	43.22
7.	LAMOTTE Eva	03	BRABO	BEL	1:26.55	1:22.25	315	34.14	48.11
8.	VAN STEEN Yinthe	03	TZ	BEL	1:26.61	1:23.53	301	39.44	44.09
9.	VAN TILBURG Dauwe	03	ZCK	BEL	1:25.94	1:24.68	288	36.50	48.18
10.	DAEMEN Emma	03	DMB	BEL	1:26.49	1:24.69	288	37.55	47.14

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 40, Meisjes, 100m vinderslag, 13 jaar

Rang	Geb.	Tijd	Pnt	50m	100m
dis	RUIGE Flore 03 STW BEL	1:33.88			
<i>SW 8.3.a - beweging van de benen/voeten niet gelijktijdig uitgevoerd</i>					
14 jaar					
1.	MARCENIUK Marijke 02 HZS BEL	1:08.55	1:06.39	599	31.11 35.28
2.	VANDEBUSSCHE Indra 02 BZK BEL	1:12.91	1:08.39	548	30.97 37.42
3.	BRISSINCK Justine 02 ROSC BEL	1:15.28	1:11.44	481	33.59 37.85
4.	ARNOUT Fien 02 RYSC BEL	1:14.66	1:11.82	473	33.97 37.85
5.	BOURGOIS Karo 02 COAST BEL	1:17.68	1:12.45	461	33.40 39.05
6.	VAN WALLENDael Sarah 02 BRABO BEL	1:14.85	1:12.75	455	33.49 39.26
7.	DE DUFFELEER Jolien 02 COAST BEL	1:16.49	1:13.18	447	33.54 39.64
8.	SYKORA Renee 02 KZK BEL	1:12.77	1:13.20	447	33.91 39.29
9.	ROSKIN Lotte 02 TZ BEL	1:16.07	1:13.64	439	33.79 39.85
10.	DESCAMPS Axelle 02 KZK BEL	1:18.41	1:15.55	406	34.71 40.84
11.	VAN HECKE Britt 02 AZL BEL	1:19.56	1:15.81	402	32.85 42.96
12.	DE BAERE Anneleen 02 MEGA BEL	1:21.09	1:16.35	394	35.16 41.19
13.	MARTENS Camille 02 OZEKA BEL	1:18.46	1:17.86	371	35.58 42.28
14.	BARTORELLI Chiara 02 COAST BEL	1:21.53	1:20.44	337	37.06 43.38
15.	DEMEESTERE Liza 02 IKZ BEL	1:22.09	1:20.46	336	36.50 43.96
16.	KIAMBI Pauline 02 KVZP BEL	1:24.06	1:21.47	324	37.00 44.47
17.	MEDLAND Louise 02 GZVN BEL	1:24.43	1:23.20	304	37.53 45.67
dis	VANDEKERKHOF Merle 02 DMB BEL	1:12.51			
<i>SW 10.2 - niet de volledige afstand gezwommen</i>					
dis	VANDEN NOORTGATE Iona 02 FIRST BEL	1:18.43			
<i>SW 8.3.c - beenbeweging schoolslag</i>					
FF	DE STEUR Emma 02 FIRST BEL	1:11.88			
FF	THIELEMANS Laure 02 STT BEL	1:17.07			

Programmanr. 41
7-2-2016 - 13:00

Meisjes, 100m vrije slag

11 - 12 jaar
Resultaten

Punten: FINA 2014

Rang	Geb.	Tijd	Pnt	50m	100m
11 jaar					
1.	VANOTTERDIJK Roos 05 ZWIM BEL	1:14.04	1:08.66	436	34.30 34.36
2.	LAZOU Lente 05 GOLD BEL	1:15.29	1:09.88	413	33.17 36.71
3.	VAN IMSCHOOT Emma 05 FIRST BEL	1:23.39	1:14.32	343	35.90 38.42
4.	MATTEEUWS Lie 05 MEGA BEL	1:20.07	1:14.35	343	35.07 39.28
5.	DEBROUWER Sarah 05 RYSC BEL	1:16.04	1:14.40	342	37.03 37.37
6.	DAEMS Lotte 05 ZCK BEL	1:21.19	1:14.89	336	34.86 40.03
7.	JACOBS Ella 05 LZV BEL	1:20.01	1:16.02	321	35.70 40.32
8.	GIJSELS Noortje 05 SHARK BEL	1:18.03	1:16.47	315	36.65 39.82
9.	VANDENBRANDEN Eline 05 ZCK BEL	1:19.78	1:16.84	311	36.86 39.98
10.	GOBERT Lies 05 MEGA BEL	1:22.02	1:16.86	310	36.29 40.57
11.	VANDENBERGHE Hannah 05 ISWIM BEL	1:19.36	1:17.02	308	36.83 40.19
12.	PARDON Maite 05 TZ BEL	1:26.34	1:17.26	306	35.89 41.37
13.	ANTHONI Amelie 05 BRABO BEL	1:27.82	1:17.32	305	36.43 40.89
14.	DE VELDER Maya 05 FIRST BEL	1:23.46	1:17.41	304	37.29 40.12
15.	PEETERS Eva 05 SHARK BEL	1:17.73	1:17.61	302	36.49 41.12
16.	FEYEN Lindsay 05 BRABO BEL	1:21.74	1:18.43	292	36.51 41.92
17.	NOELS Louise 05 ZCT BEL	1:28.72	1:19.38	282	38.43 40.95
18.	WAUTERS Lisa 05 STT BEL	1:34.25	1:20.48	270	37.74 42.74
19.	GEEROMS Floor 05 SCZ BEL	1:24.50	1:21.59	259	38.44 43.15
20.	CORNELISSEN Zita 05 BRABO BEL	1:26.25	1:21.60	259	37.44 44.16
21.	DELHOUTE Yana 05 TZ BEL	1:25.03	1:22.65	250	38.35 44.30
22.	VAN DE KEERE Anna 05 ZTZ BEL	1:29.28	1:22.88	247	39.49 43.39
23.	RAECKE Jana 05 BZK BEL	1:20.62	1:23.80	239	40.58 43.22
24.	GEYSKENS Sophie 05 LOR BEL	1:27.79	1:23.95	238	39.63 44.32
25.	BROOS Evy 05 ZORO BEL	1:24.35	1:24.00	238	39.63 44.37
26.	ALLOSSERIE Nina 05 IKZ BEL	1:29.94	1:24.47	234	40.80 43.67
27.	LONCKE Febe 05 LOR BEL	1:26.44	1:24.67	232	41.09 43.58
28.	VANDEN BERGHE Auke 05 ZB BEL	1:36.20	1:25.54	225	41.81 43.73
29.	SWYNGEDOUW Emma 05 FIRST BEL	1:27.36	1:27.07	213	40.62 46.45

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 41, Meisjes, 100m vrije slag, 11 jaar

Rang	Geb.			Tijd	Pnt	50m	100m
30.	MILISSEN Nore	05	STT BEL	1:28.02	1:27.58	210	40.35 47.23
31.	VAN DE KEERE Fleur	05	ZTZ BEL	1:40.27	1:27.64	209	40.80 46.84
FF	POLFLIET Emmelie	05	OZEKA BEL	1:29.14			

12 jaar

1.	VANHAUWAERT Lotte	04	ROSC BEL	1:08.43	1:06.28	484	31.86 34.42
2.	MAERVOET Marie	04	SHARK BEL	1:07.02	1:06.55	478	31.72 34.83
3.	QUINTELIER Perle	04	RYSC BEL	1:11.43	1:07.65	455	32.21 35.44
4.	DEHAUDT Malou	04	GOLD BEL	1:07.60	1:07.71	454	32.37 35.34
5.	LAUWERS Jitske	04	TZ BEL	1:11.36	1:08.30	443	32.31 35.99
6.	BOGAERTS Aisha	04	SCZ BEL	1:11.20	1:09.12	427	33.44 35.68
7.	DECAESSTECKER Elise	04	ROSC BEL	1:10.66	1:09.16	426	33.33 35.83
8.	AVALOS LLERENA Diana	04	TZ BEL	1:13.31	1:09.73	416	33.06 36.67
9.	MARTENS Elisabeth	04	MEGA BEL	1:12.27	1:10.26	407	33.40 36.86
10.	DEKERVEL Emma	04	ISWIM BEL	1:20.99	1:10.38	404	32.81 37.57
11.	STRUYF Lieselot	04	HZA BEL	1:14.77	1:11.25	390	34.04 37.21
12.	TOMCSIK Kira	04	TZ HUN	1:11.72	1:11.36	388	34.10 37.26
13.	LEYTEN Hannelore	04	ZGEEEL BEL	1:13.02	1:11.61	384	34.54 37.07
14.	MAX Lara	04	TZ BEL	1:16.78	1:11.75	382	33.90 37.85
15.	KELCHTERMANS Laura	04	HZS BEL	1:20.10	1:11.83	380	34.78 37.05
16.	LAMMENS Louise	04	OZEKA BEL	1:16.06	1:11.86	380	34.03 37.83
17.	VAN BELLE Amber	04	ZCT BEL	1:15.67	1:11.90	379	34.03 37.87
18.	SOENEN Manon	04	RYSC BEL	1:18.08	1:12.36	372	34.54 37.82
19.	VANDECASTEELE Sara	04	OZEKA BEL	1:22.29	1:12.70	367	34.67 38.03
20.	WELS Evy	04	GZVN BEL	1:15.13	1:12.87	364	35.04 37.83
21.	GORIS Resy	04	LWB BEL	1:16.74	1:13.86	350	33.69 40.17
22.	HUYSMANS Silke	04	ZCK BEL	1:25.38	1:14.30	344	35.32 38.98
23.	WIJNANTS Eveline	04	SHARK BEL	1:21.34	1:15.36	329	36.04 39.32
24.	NEVELSTEEN Yanah	04	ZGEEEL BEL	1:15.60	1:15.55	327	35.69 39.86
25.	LINGIER Loes	04	BZK BEL	1:17.47	1:15.74	324	35.96 39.78
26.	VAN DEN HEUVEL Alyssa	04	LWB BEL	1:19.84	1:16.36	317	36.28 40.08
27.	MICHIELS Lieke	04	LWB BEL	1:20.96	1:16.46	315	35.85 40.61
28.	PUTTAERT Elien	04	DDAT BEL	1:21.14	1:17.54	302	38.70 38.84
29.	DE BACKER Annelore	04	KVZP BEL	1:18.27	1:19.47	281	38.18 41.29
FF	DORNEZ Febe	04	ZTZ BEL	1:11.51			

Programmanr. 42
7-2-2016 - 13:14

Jongens, 100m vrije slag

13 - 14 jaar
Resultaten

Punten: FINA 2014

Rang	Geb.			Tijd	Pnt	50m	100m
13 jaar							
1.	DEVOS Abel	03	COAST BEL	1:01.51	59.61	487	28.85 30.76
2.	GERRITSEN Mike	03	AZV NED	1:02.71	59.83	481	29.48 30.35
3.	DAVID Loeka	03	MEGA BEL	1:03.89	1:00.36	469	29.37 30.99
4.	BERX Robbe	03	STT BEL	1:03.00	1:00.45	467	29.25 31.20
5.	SPLEERS Mauro	03	FIRST BEL	1:05.62	1:01.37	446	29.48 31.89
6.	MEERE Jarno	03	DDAT BEL	1:05.77	1:02.09	431	29.99 32.10
7.	VANDECASTEELE Matis	03	GOLD BEL	1:05.73	1:02.77	417	30.54 32.23
8.	OKENS Jari	03	ZCK BEL	1:07.92	1:03.71	399	29.98 33.73
9.	VANSPAUWEN Alexander	03	HZS BEL	1:05.88	1:04.04	393	30.83 33.21
10.	JORIS Luca	03	DDAT BEL	1:07.25	1:04.64	382	32.22 32.42
11.	JORIS Dante	03	DDAT BEL	1:09.68	1:04.66	381	30.67 33.99
12.	VAN ROMPAEY Senne	03	BRABO BEL	1:09.45	1:05.76	363	31.22 34.54
13.	MARICHAL Jarno	03	BRABO BEL	1:06.29	1:06.27	354	31.71 34.56
14.	VERYSER Joeri	03	COAST BEL	1:08.20	1:06.60	349	31.94 34.66
15.	WITVROUWEN Stijn	03	KAZS BEL	1:14.22	1:07.02	342	32.29 34.73
16.	GEUENS Lars	03	OZV BEL	1:09.76	1:07.37	337	31.87 35.50
17.	VERHOLLE Gilles	03	IKZ BEL	1:09.10	1:07.57	334	32.29 35.28
18.	VAN EETVELDE Kasper	03	AZK BEL	1:08.63	1:07.61	334	32.50 35.11
19.	HAESAERT Elias	03	BZK BEL	1:06.95	1:08.07	327	32.98 35.09
20.	DEFLOOR Emile	03	HZA BEL	1:11.20	1:08.20	325	31.40 36.80
21.	BERGHMANS Sam	03	ZS BEL	1:09.87	1:08.70	318	33.15 35.55

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 42, Jongens, 100m vrije slag, 13 jaar

Rang	Geb.			Tijd	Pnt	50m	100m	
22.	LIECKENS Nolan	03	SHARK BEL	1:07.11	1:08.75	317	32.95	35.80
23.	VAN DROOGENBROECK Niels	03	LAQUA BEL	1:11.29	1:08.80	316	33.38	35.42
24.	LUST Henri	03	AZ BEL	1:09.10	1:08.88	315	32.44	36.44
25.	VANDEPITTE Alexander	03	MEGA BEL	1:13.80	1:09.43	308	33.18	36.25
26.	MENTENS Jarne	03	OZV BEL	1:08.32	1:09.69	304	33.71	35.98
27.	VERSTRAETEN Gihao	03	OZEKA BEL	1:11.40	1:10.14	299	33.03	37.11
28.	STESMANS Jelle	03	BRABO BEL	1:14.35	1:10.60	293	33.25	37.35
29.	JAROS Arthur	03	STT BEL	1:11.10	1:10.89	289	33.87	37.02
30.	DE DEYNE Kasper	03	MEGA BEL	1:12.52	1:11.65	280	35.60	36.05
31.	CAMPS Viktor	03	STT BEL	1:17.62	1:11.67	280	33.90	37.77
32.	DE DOBBELAERE Raf	03	MEGA BEL	1:15.32	1:11.76	279	35.20	36.56
dis	VAN NIEUWENHOVEN Joran	03	LAQUA BEL	1:08.61				
	<i>SW 4.4 - valse start</i>							
dis	VYNCKE Milan	03	MEGA BEL	1:10.70				
	<i>SW 4.4 - valse start</i>							

14 jaar

1.	FRANCKX Stan	02	TZ BEL	57.89	56.70	566	27.63	29.07
2.	VAN SYNGHEL Noah	02	OZEKA BEL	59.40	58.52	515	28.17	30.35
3.	GANTOIS Olivier	02	MEGA BEL	1:00.89	59.01	502	28.65	30.36
4.	MOYENS Lennert	02	SHARK BEL	1:00.42	59.68	485	28.42	31.26
5.	VAN HOREN Senne	02	ZNA BEL	1:00.96	1:00.07	476	29.31	30.76
6.	SEMPELS Gilles	02	STT BEL	1:03.33	1:00.62	463	29.83	30.79
7.	LIEKENS Jasper	02	SHARK BEL	1:02.92	1:00.69	461	29.63	31.06
8.	MESKENS Tom	02	SCWR BEL	1:02.43	1:01.03	454	29.36	31.67
9.	EMMERS Jim	02	OZV BEL	1:02.88	1:01.11	452	29.11	32.00
10.	KALLAERT Dries	02	MEGA BEL	1:04.57	1:01.20	450	29.34	31.86
11.	JANSSENS Renzo	02	BRABO BEL	1:02.76	1:01.62	441	29.63	31.99
12.	DEVOLDER Mathis	02	IKZ BEL	1:04.87	1:01.78	437	29.80	31.98
13.	VAN HECKE Maxim	02	DZO BEL	1:05.68	1:02.10	431	30.08	32.02
14.	LEROUX Jef	02	MEGA BEL	1:05.70	1:03.14	410	30.84	32.30
15.	MORELLI Jorgo	02	GZVN BEL	1:06.43	1:03.32	406	30.19	33.13
16.	DE COCK Ward	02	BZK BEL	1:04.62	1:03.55	402	30.53	33.02
17.	DE MEYER Niels	02	BRABO BEL	1:05.54	1:03.66	400	30.98	32.68
18.	BEAUTHIER Killian	02	KVZP BEL	1:04.68	1:03.76	398	30.62	33.14
19.	VAN MIEGHEM Alexander	02	MEGA BEL	1:06.02	1:03.89	395	30.96	32.93
20.	LINGIER Elias	02	ROSC BEL	1:05.63	1:04.15	391	30.42	33.73
21.	BEIRNAERT Brecht	02	STW BEL	1:10.73	1:04.55	383	30.93	33.62
22.	VAN KEMENADE Brent	02	BRABO BEL	1:06.76	1:04.71	380	31.52	33.19
23.	OBRENO Arthur	02	BZK BEL	1:04.94	1:04.85	378	30.99	33.86
24.	SPRUYT Linus	02	ZORO BEL	1:07.61	1:04.88	377	31.19	33.69
25.	GOBERT Sam	02	MEGA BEL	1:09.87	1:05.49	367	31.40	34.09
26.	VAN GORP Jos	02	LAQUA BEL	1:06.68	1:05.72	363	31.96	33.76
27.	BOMANS Jan	02	BRABO BEL	1:05.92	1:05.78	362	31.54	34.24
28.	VAN BAEVEGEM Viktor	02	MEGA BEL	1:09.47	1:05.82	362	31.97	33.85
29.	TRUYEN Ruben	02	DMB BEL	1:09.34	1:05.94	360	31.55	34.39
30.	JACOBS Ben	02	LZV BEL	1:09.06	1:05.99	359	31.66	34.33
31.	QUINTELIER Max	02	LOR BEL	1:05.81	1:06.05	358	31.45	34.60
32.	VANGERVEN Thomas	02	OZV BEL	1:07.87	1:06.73	347	31.45	35.28
33.	DE KEERSMAEKER Arthur	02	BRABO BEL	1:08.76	1:06.78	346	31.71	35.07
34.	DEBLOCK Thomas	02	GOLD BEL	1:11.41	1:07.48	335	32.32	35.16
35.	CHRISTIAENS Gilles	02	AZL BEL	1:07.12	1:08.45	321	31.85	36.60
36.	D'EXELLE Cedric	02	ZS BEL	1:08.65	1:08.80	316	33.18	35.62
37.	VAN LANGENDONCK Tim	02	OZV BEL	1:13.99	1:09.19	311	32.77	36.42
38.	CREYF Tjörven	02	LOR BEL	1:10.12	1:09.55	306	32.78	36.77

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 43
7-2-2016 - 13:30

Meisjes, 200m vrije slag

13 - 14 jaar
Resultaten

Punten: FINA 2014

Rang	Geb.	Tijd	Pnt	50m	100m	150m	200m			
13 jaar										
1.	WAUTERS Laura	03	STT BEL	2:26.45	2:16.36	568	31.56	34.77	35.24	34.79
2.	DILLEN Jans	03	MOZKA BEL	2:25.35	2:19.27	533	32.98	35.27	35.85	35.17
3.	INKAYA Dalya	03	MEGA BEL	2:28.39	2:19.29	533	32.10	36.14	36.48	34.57
4.	DE WOLF Laura	03	BZK BEL	2:21.88	2:20.58	519	31.45	36.09	37.21	35.83
5.	MORREN Maaïke	03	BEST BEL	2:22.35	2:21.01	514	33.29	36.15	37.01	34.57
6.	FEYEN Charlotte	03	BRABO BEL	2:30.79	2:24.91	473	32.75	37.33	38.25	36.58
7.	SNEPPE Diede	03	DDAT BEL	2:26.97	2:25.07	472	33.41	36.19	37.93	37.54
8.	VAN DEUN Elena	03	BRABO BEL	2:29.79	2:25.25	470	32.95	37.47	38.50	36.33
9.	DEMEYER Amandine	03	KZK BEL	2:29.66	2:25.44	468	33.69	36.99	38.40	36.36
10.	VAN LIMBERGEN Luna	03	BRABO BEL	2:35.84	2:26.75	456	33.28	37.63	38.62	37.22
11.	VANDEPUTTE Silke	03	BRABO BEL	2:33.59	2:27.26	451	34.13	37.84	38.52	36.77
12.	FEYS Jana	03	KZK BEL	2:31.41	2:27.39	450	33.46	37.26	39.23	37.44
13.	VANDERBEKE Anouk	03	ROSC BEL	2:32.54	2:27.61	448	34.01	37.99	38.00	37.61
14.	HUYSMANS Britt	03	SHARK BEL	2:30.74	2:28.13	443	32.66	38.58	40.06	36.83
15.	TEIRLINCK Emelie	03	FIRST BEL	2:32.77	2:29.71	429	34.30	38.15	39.80	37.46
16.	DE BEULE Troede	03	BRABO BEL	2:33.01	2:30.14	426	33.87	38.90	39.17	38.20
17.	VAN GORP Lies	03	LAQUA BEL	2:30.62	2:32.17	409	34.18	39.03	39.63	39.33
18.	PAREIJN Luna	03	DMB BEL	2:40.94	2:32.59	405	34.98	39.66	39.82	38.13
19.	LAMOTTE Eva	03	BRABO BEL	2:43.33	2:32.86	403	32.31	39.54	41.32	39.69
20.	VAN DER ELST Leen	03	ZCT BEL	2:39.01	2:33.34	399	34.88	39.18	40.88	38.40
21.	ESPEEL Charlotte	03	RYSC BEL	2:36.33	2:33.75	396	35.92	40.06	39.44	38.33
22.	VANDERBEKE Lisa	03	ROSC BEL	2:40.19	2:34.00	394	34.79	39.41	40.37	39.43
23.	BORGONIE Lisa	03	RZV BEL	2:35.28	2:34.27	392	35.19	40.42	40.04	38.62
24.	PIGEON Kelly	03	KVZP BEL	2:49.43	2:34.36	392	35.47	39.84	40.37	38.68
25.	VAN STEEN Yinthe	03	TZ BEL	2:42.41	2:34.56	390	35.77	40.44	40.74	37.61
26.	DEPREZ Jacobien	03	ZTZ BEL	2:38.52	2:35.13	386	35.97	41.39	40.31	37.46
27.	BRAEKEVELD Jana	03	GOLD BEL	2:44.77	2:35.50	383	35.53	40.59	41.89	37.49
28.	BULTOT Sam	03	ROSC BEL	2:37.86	2:36.80	374	36.77	40.93	40.51	38.59
29.	VAN LANDUYT Bregje	03	MEGA BEL	2:37.51	2:37.49	369	36.32	40.05	41.96	39.16
30.	DAFTARY Sonia	03	BRABO BEL	2:41.84	2:37.79	367	35.44	39.70	41.58	41.07
31.	VAN MULDER Katinka	03	DDAT BEL	2:42.40	2:37.81	366	35.95	41.07	42.27	38.52
32.	SPINCEMAILLE Luna	03	GOLD BEL	2:57.09	2:39.17	357	35.24	41.26	42.48	40.19
33.	DE WILDE Hanne	03	DDAT BEL	2:46.59	2:39.94	352	35.12	41.30	43.41	40.11
FF	HERMANS Emma	03	OZEKA BEL	2:46.33						
FF	VANSTEENKISTE Rhune	03	IKZ BEL	2:39.64						

14 jaar

1.	BEULEN Sophie	02	BZK BEL	2:14.92	2:12.31	622	30.49	33.69	34.32	33.81
2.	QUINTELIER Jade	02	RYSC BEL	2:19.47	2:16.74	564	30.92	35.34	35.54	34.94
3.	MARCENIUK Marijke	02	HZS BEL	2:21.25	2:17.34	556	31.38	35.16	35.89	34.91
4.	VAN WALLENDIAEL Sarah	02	BRABO BEL	2:23.38	2:18.69	540	30.82	36.39	36.44	35.04
5.	REMMERY Anice	02	KZK BEL	2:22.51	2:18.71	540	31.42	35.69	36.71	34.89
6.	DEMEYERE Anouk	02	GOLD BEL	2:23.43	2:19.21	534	30.78	36.07	36.98	35.38
7.	TALLOEN Charlot	02	FIRST BEL	2:25.13	2:19.32	533	32.15	35.35	37.18	34.64
8.	NAEGELS Ankelien	02	BRABO BEL	2:28.00	2:19.68	529	32.99	35.74	36.61	34.34
9.	MARTENS Chloë	02	MEGA BEL	2:21.82	2:19.78	528	33.14	34.82	36.56	35.26
10.	STAES Jolien	02	SHARK BEL	2:32.08	2:22.10	502	31.92	35.97	37.33	36.88
11.	MARTENS Camille	02	OZEKA BEL	2:23.92	2:22.21	501	32.42	36.12	37.23	36.44
12.	SERVERIUS Femke	02	MEGA BEL	2:27.00	2:22.31	500	32.16	36.93	37.29	35.93
13.	DE DUFFELEER Jolien	02	COAST BEL	2:24.96	2:22.51	498	32.27	36.52	37.62	36.10
14.	BUYTAERT Lotte	02	TSZ BEL	2:24.37	2:22.85	494	32.43	36.24	38.18	36.00
15.	VANDERSCHRICK Laura	02	BZK BEL	2:25.54	2:22.93	493	32.03	36.21	37.04	37.65
16.	WULFRANCKE Erin	02	MEGA BEL	2:25.27	2:22.99	493	32.25	37.18	37.45	36.11
17.	WIJNANTS Jasmine	02	SHARK BEL	2:26.47	2:23.03	492	32.34	36.49	37.30	36.90
18.	DE BAERE Anneleen	02	MEGA BEL	2:19.60	2:24.44	478	33.46	37.65	37.61	35.72
19.	MOMMAERTS Nele	02	ZORO BEL	2:23.57	2:24.49	478	33.41	36.88	37.65	36.55
20.	CUYVERS Ella	02	MOZKA BEL	2:30.06	2:24.80	475	33.61	36.93	38.03	36.23
21.	FEYS Jutta	02	TZT BEL	2:34.95	2:24.90	474	33.17	38.25	38.11	35.37
22.	VANDENABEELE Indra	02	GOLD BEL	2:28.82	2:25.00	473	32.96	36.61	37.96	37.47
23.	ROSKIN Lotte	02	TZ BEL	2:37.03	2:25.63	466	33.80	37.80	37.50	36.53
24.	DE HEYDER Lot	02	MEGA BEL	2:28.48	2:26.58	457	33.65	36.77	38.87	37.29
25.	MULKENS Auke	02	TZ BEL	2:32.70	2:26.72	456	34.33	38.88	38.41	35.10
26.	PIETERS Jana	02	HZA BEL	2:34.24	2:27.52	449	33.27	38.02	38.40	37.83

Timingonline: www.toptime.be

Uitslagen www.zwemfed.be

Splash Meet Manager 11, 11.41200

Registered to Vlaamse Zwemfederatie

7-2-2016 17:34 - pagina 14



Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 43, Meisjes, 200m vrije slag, 14 jaar

Rang	Geb.			Tijd	Pnt	50m	100m	150m	200m		
27.	DESCAMPS Axelle	02	KZK	BEL	2:35.58	2:27.96	445	33.24	37.71	38.76	38.25
28.	THEUWIS Rune	02	OZV	BEL	2:35.59	2:27.97	445	34.18	38.50	39.30	35.99
29.	MASSELUS Julie	02	RYSC	BEL	2:32.64	2:28.20	443	35.78	38.77	38.78	34.87
30.	MATTHIJS Dauphine	02	SCZ	BEL	2:27.52	2:28.69	438	33.65	37.30	39.63	38.11
31.	ROTS Lore	02	AST	BEL	2:27.61	2:29.01	435	33.09	38.68	39.18	38.06
32.	VAN MINGEROET Silken	02	DZO	BEL	2:38.19	2:29.37	432	33.76	37.81	40.08	37.72
33.	KIAMBI Pauline	02	KVZP	BEL	2:29.54	2:29.39	432	34.19	37.84	39.10	38.26
34.	DE BAERE Pauline	02	STW	BEL	2:49.42	2:30.53	422	34.48	38.16	39.06	38.83
35.	BARTORELLI Chiara	02	COAST	BEL	2:31.93	2:30.81	420	34.91	38.54	39.73	37.63
36.	VANDEN NOORTGATE Iona	02	FIRST	BEL	2:49.09	2:32.60	405	35.76	39.61	40.06	37.17
37.	VERDEYEN Nursulu	02	SHARK	BEL	2:45.50	2:33.09	401	34.22	39.78	40.33	38.76
38.	BOGAERTS Luna	02	SCZ	BEL	2:31.46	2:34.14	393	32.94	37.92	42.67	40.61
39.	VANGELOVEN Anisha	02	DMB	BEL	2:32.43	2:34.42	391	33.96	39.72	40.82	39.92
40.	MEDLAND Louise	02	GZVN	BEL	2:35.43	2:36.78	374	34.93	40.59	41.90	39.36
41.	DEMEESTERE Liza	02	IKZ	BEL	2:38.11	2:44.87	321	36.72	42.50	43.38	42.27
FF	VERSTREPEN Axelle	02	SHARK	BEL	2:28.64						
FF	THIELEMANS Laure	02	STT	BEL	2:37.40						

Programmanr. 44
7-2-2016 - 14:00

Jongens, 200m vrije slag

11 - 12 jaar
Resultaten

Punten: FINA 2014

Rang	Geb.			Tijd	Pnt	50m	100m	150m	200m		
11 jaar											
1.	VAN CLEVEN Thijs	05	BZK	BEL	3:02.35	2:31.15	307	35.59	39.74	39.35	36.47
2.	VANDAMME Thijs	05	GOLD	BEL	2:52.34	2:33.78	291	34.96	40.09	40.76	37.97
3.	THYS Jens	05	HZA	BEL	2:42.78	2:34.16	289	35.13	39.28	41.54	38.21
4.	GEBRUERS Alex	05	ZVL	BEL	2:57.52	2:36.44	277	36.08	40.81	40.98	38.57
5.	PELGRIMS-RENS Yorben	05	KAZS	BEL	2:44.82	2:40.24	257	36.92	41.30	41.30	40.72
6.	DEHAUDT Fernando	05	GOLD	BEL	2:53.55	2:41.10	253	37.68	42.26	42.67	39.09
7.	VANHAVERBEKE Thibault	05	GOLD	BEL	2:56.80	2:41.35	252	37.19	41.62	42.79	39.75
8.	DE JONGE Dries	05	SHARK	BEL	2:49.01	2:44.06	240	36.59	42.78	42.98	41.71
9.	VARANO Agostino	05	DIZV	BEL	2:57.11	2:45.26	235	37.92	43.67	43.61	40.06
10.	WOUTERS Jordi	05	SHARK	BEL	2:54.72	2:47.49	225	37.66	42.90	44.84	42.09
11.	VAN DER HAEGHEN Siebe	05	FIRST	BEL	3:20.83	2:49.88	216	37.40	44.85	45.52	42.11
12.	VANHOVE Maxime	05	ZGEEEL	BEL	2:57.70	2:50.30	214	38.05	44.67	44.92	42.66
13.	SCHRAM Thor	05	MEGA	BEL	3:18.34	2:50.50	214	39.79	45.22	45.10	40.39
14.	CUYPERS Jelle	05	HZS	BEL	3:03.05	2:50.92	212	38.68	44.11	46.57	41.56
15.	MAESSEN Finn	05	ZCK	BEL	3:06.72	2:52.60	206	37.24	45.52	47.90	41.94
16.	BUYTAERT Charles	05	BRABO	BEL	3:11.97	2:53.36	203	38.97	45.18	45.47	43.74
17.	HOLLANDERS Jarne	05	SHARK	BEL	2:56.50	2:53.95	201	38.47	44.54	46.53	44.41
18.	SCHRICKX Jasper	05	ZS	BEL	3:02.01	2:54.04	201	41.28	44.81	45.90	42.05
19.	HERMAN Aidan	05	FIRST	BEL	3:00.98	2:54.24	200	40.69	45.22	47.35	40.98
20.	NAESSENS Mirko	05	LAQUA	BEL	3:11.12	2:54.35	200	40.22	46.52	46.80	40.81
21.	ABBEEL Stef	05	BRABO	BEL	3:16.78	2:54.49	199	39.63	46.47	47.05	41.34
22.	POLLET Rohan	05	DDAT	BEL	3:01.66	2:54.89	198	37.35	46.74	46.63	44.17
23.	CLOES Stef	05	BEST	BEL	2:54.70	2:59.35	183	40.82	48.68	47.65	42.20
24.	RUYSSEN Art	05	GZVN	BEL	3:09.07	3:01.45	177	41.55	46.62	45.76	47.52
25.	DE BECKER Tibo	05	ZS	BEL	3:09.47	3:01.93	176	41.28	47.58	48.49	44.58
26.	DELTOUR Daan	05	ISWIM	BEL	3:25.34	3:02.92	173	40.25	48.07	47.87	46.73
27.	VAN DER DONCKT Jannes	05	LAQUA	BEL	3:07.49	3:05.03	167	41.10	48.05	49.94	45.94
28.	VLIEGHE Loeka	05	IKZ	BEL	3:25.09	3:06.71	163	41.25	50.75	50.24	44.47
29.	SCHWERIN Alexander	05	SHARK	BEL	3:15.97	3:08.76	157	41.47	50.21	49.12	47.96
30.	VANDROMME Jarno	05	IKZ	BEL	3:26.79	3:25.96	121	45.24	54.44	55.15	51.13
31.	HECQ Kenzo	05	LAQUA	BEL	3:13.70	3:29.51	115	46.32	53.76	57.49	51.94
FF	VANDEN BOSSCHE Gabriel	05	DDAT	BEL	3:19.82						
FF	ROTTIERS Boris	05	FIRST	BEL	3:04.12						

Programmanr. 44, Jongens, 200m vrije slag

12 jaar

Rang	Nam	Geb.	Land	Tijd	Pnt	50m	100m	150m	200m	
1.	VANDE CASTEELE Bjarne	04	GOLD BEL	2:29.57	2:23.13	361	33.41	37.54	37.58	34.60
2.	DEVOLDERE Henri	04	KZK BEL	2:28.37	2:23.14	361	33.63	37.23	37.63	34.65
3.	LAUREYSSENS Daniel	04	ZS BEL	2:36.60	2:25.08	347	34.05	37.54	38.35	35.14
4.	SERDONS Tade	04	GZVN BEL	2:36.07	2:29.42	318	34.36	38.73	2:29.42	36.92
5.	CASTEUR Xander	04	GOLD BEL	2:48.31	2:29.49	317	33.96	38.24	39.56	37.73
6.	WANTEN Bernd	04	BRABO BEL	2:41.46	2:29.57	317	33.95	38.20	39.62	37.80
7.	DUJARDIN Goan	04	GOLD BEL	2:41.77	2:31.27	306	34.14	39.58	39.94	37.61
8.	WOUTERS Luka	04	HZA BEL	2:33.22	2:31.43	305	34.85	38.77	39.51	38.30
9.	COLMAN Arjen	04	DZO BEL	2:39.70	2:31.47	305	34.75	39.38	39.83	37.51
10.	ADAMS Lucas	04	MEGA BEL	2:48.75	2:31.79	303	34.82	39.56	39.87	37.54
11.	DESIMPELAERE Miguel	04	GOLD BEL	2:42.03	2:33.26	294	35.92	39.43	40.41	37.50
12.	MABBE Elian	04	GOLD BEL	2:43.17	2:33.32	294	35.44	40.58	39.97	37.33
13.	DELEEBEECK Arne	04	BRABO BEL	2:43.06	2:34.03	290	34.74	39.43	41.14	38.72
14.	VANNIEUWENHUYZE Arthur	04	ISWIM BEL	2:43.12	2:35.02	284	36.31	39.47	40.58	38.66
15.	EL BERGUI Samy	04	DIZV BEL	2:42.44	2:36.01	279	35.57	40.84	41.72	37.88
16.	ZWIJNS Kevin	04	ZS NED	2:48.20	2:36.05	279	36.10	41.79	41.00	37.16
17.	PROVOOST Nils	04	TZT BEL	2:44.54	2:36.91	274	36.45	40.54	41.37	38.55
18.	KALOGEROPOULOS Zeno	04	BRABO BEL	2:48.77	2:37.02	274	35.34	40.82	41.69	39.17
19.	VAN DE WALLE Robbe	04	AZ BEL	2:49.64	2:37.09	273	36.07	40.12	41.26	39.64
20.	DIDDENS Senne	04	ZCK BEL	2:52.28	2:38.16	268	35.29	41.00	42.18	39.69
21.	CLIJSTERS Jef	04	LAQUA BEL	3:04.44	2:38.70	265	36.06	41.10	42.31	39.23
22.	DE CORTE Simon	04	BZK BEL	2:54.90	2:38.97	264	37.25	42.81	39.98	38.93
23.	RESTIAU Robbe	04	ZS BEL	2:56.10	2:39.17	263	36.74	42.25	41.58	38.60
24.	HILLAERT Tibo	04	FIRST BEL	2:48.71	2:39.56	261	36.08	40.67	42.14	40.67
25.	HEREMANS Nino	04	HZA BEL	3:04.85	2:40.00	259	36.63	42.54	42.12	38.71
26.	MULKENS Bavo	04	LAQUA BEL	2:56.55	2:40.22	258	37.73	41.00	41.98	39.51
27.	CAMERLYNCK Mathias	04	KVZP BEL	2:56.53	2:40.42	257	36.77	41.15	41.90	40.60
28.	CRIEL Alvaro Nesta	04	MEGA BEL	2:50.26	2:41.74	250	37.35	42.14	42.25	40.00
29.	MATTHIJS Laurenz	04	SCZ BEL	2:58.14	2:42.94	245	36.64	42.62	43.80	39.88
30.	SAPIJN Kobe	04	FIRST BEL	2:51.87	2:45.05	236	39.58	42.81	43.76	38.90
31.	PEETERS Tijs	04	ZOLA BEL	2:56.69	2:46.48	229	35.15	42.70	44.90	43.73
32.	HAUTEKIET Loeka	04	BZK BEL	2:53.90	2:47.55	225	37.02	45.10	44.23	41.20
33.	DEKIMPE Dries	04	STT BEL	2:58.23	2:49.62	217	38.40	44.42	44.97	41.83
34.	LEROUX Wout	04	MEGA BEL	2:52.15	2:50.46	214	39.42	44.81	44.64	41.59

Programmanr. 45
7-2-2016 - 14:32

Meisjes, 200m wisselslag

11 - 12 jaar
Resultaten

Punten: FINA 2014

Rang	Nam	Geb.	Land	Tijd	Pnt	50m	100m	150m	200m	
11 jaar										
1.	WITTEMANS Mit	05	ZCT BEL	2:59.17	2:56.97	362	38.24	46.96	50.68	41.09
2.	DEBROUWER Sarah	05	RYSC BEL	3:13.52	3:01.69	334	42.82	47.95	53.25	37.67
3.	HUYS Jorinde	05	GZVN BEL	3:14.85	3:01.74	334	42.96	46.34	51.88	40.56
4.	OLLEVIER Mado	05	ISWIM BEL	3:17.23	3:03.08	327	40.94	46.87	55.09	40.18
5.	MAESEN Roos	05	DMB BEL	3:19.74	3:04.86	317	38.56	48.00	55.61	42.69
6.	AUGUSTIJNS Jill	05	SHARK BEL	3:18.97	3:05.35	315	40.47	49.29	55.45	40.14
7.	CORSTJENS Hanne	05	DMB BEL	3:27.71	3:05.98	312	42.49	49.45	50.45	43.59
8.	BERX Marit	05	STT BEL	3:27.71	3:07.68	303	42.85	47.71	55.11	42.01
9.	VAN IMSCHOOT Emma	05	FIRST BEL	3:30.25	3:09.27	296	46.29	49.19	54.31	39.48
10.	SEMPELS Aurélie	05	STT BEL	3:17.14	3:09.47	295	43.76	50.10	51.20	44.41
11.	DRIESEN Amber	05	DMB BEL	3:30.25	3:09.68	294	41.91	47.67	59.27	40.83
12.	VANDERKRIEKEN Frauke	05	BEST BEL	3:23.84	3:10.36	291	41.29	47.68	59.22	42.17
13.	DE VELDER Maya	05	FIRST BEL	3:24.42	3:10.51	290	38.26	49.22	58.20	44.83
14.	PEETERS Eva	05	SHARK BEL	3:21.86	3:11.86	284	45.44	49.24	55.40	41.78
15.	VANMEENEN Laura	05	ISWIM BEL	3:18.93	3:12.51	281	46.22	51.37	52.40	42.52
16.	VANMEENEN Sara	05	ISWIM BEL	3:27.71	3:15.62	268	47.56	50.95	53.99	43.12
17.	DE CARNE Mila	05	FIRST BEL	3:32.48	3:16.09	266	45.97	50.84	56.70	42.58
18.	JACOBS Ella	05	LZV BEL	3:29.37	3:16.36	265	46.68	48.22	58.36	43.10
19.	VANDEPUTTE Jade	05	IKZ BEL	3:32.45	3:16.83	263	43.09	50.42	56.61	46.71
20.	GOBERT Lies	05	MEGA BEL	3:26.72	3:17.03	262	43.83	54.41	53.14	45.65
21.	RAECKE Jana	05	BZK BEL	3:29.53	3:18.56	256	46.95	50.00	58.07	43.54
22.	HAUS Josephine	05	ISWIM BEL	3:28.96	3:19.11	254	41.82	52.19	1:01.01	44.09
23.	GEEROMS Floor	05	SCZ BEL	3:35.35	3:19.97	251	46.23	54.05	55.18	44.51
24.	RAEMDONCK Benthe-Marie	05	FIRST BEL	3:30.57	3:20.09	250	47.71	50.47	54.85	47.06

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 45, Meisjes, 200m wisselslag, 11 jaar

Rang	Geb.	Tijd	Pnt	50m	100m	150m	200m		
25.	DE WILDE Noor	05 DDAT BEL	3:25.59	3:20.59	248	47.73	49.81	57.11	45.94
26.	VAN DE KEERE Anna	05 ZTZ BEL	3:20.51	3:21.07	246	46.89	52.39	55.92	45.87
27.	GEYSKENS Sophie	05 LOR BEL	3:30.57	3:24.43	234	44.52	50.73	1:00.51	48.67
28.	ROOMAN Sarah	05 BRABO BEL	3:33.94	3:27.59	224	52.42	51.00	59.08	45.09
29.	DELHOUTE Yana	05 TZ BEL	3:34.64	3:27.95	223	50.40	59.29	53.88	44.38
30.	LAMBEETS Lina	05 STT BEL	3:32.23	3:29.44	218	47.08	54.58	1:00.87	46.91
31.	VAN DE KEERE Fleur	05 ZTZ BEL	3:29.39	3:37.78	194	49.09	54.76	1:01.77	52.16
dis	PARDON Maite	05 TZ BEL	3:19.74						
SW 6.6.a - Bij aankomst muur niet aangetikt in rugligging									
dis	ALLOSSERIE Nina	05 IKZ BEL	3:31.21						
SW 8.2.a - armen niet boven water naar voor gebracht									

12 jaar

1.	LIPPENS Karo	04 STW BEL	2:46.77	2:41.01	480	33.82	42.90	47.98	36.31
2.	MAEREVOET Marie	04 SHARK BEL	2:42.66	2:41.14	479	32.89	44.21	46.86	37.18
3.	VANHAUWAERT Lotte	04 ROSC BEL	2:46.36	2:41.92	472	34.26	44.69	46.48	36.49
4.	TRUYE Alexine	04 GOLD BEL	2:58.04	2:46.58	434	37.48	43.36	47.46	38.28
5.	DEHAUDT Malou	04 GOLD BEL	2:47.08	2:48.22	421	34.80	44.61	49.94	38.87
6.	AVALOS LLERENA Diana	04 TZ BEL	2:58.91	2:49.72	410	35.77	45.73	50.28	37.94
7.	DORNEZ Febe	04 ZTZ BEL	2:48.67	2:50.11	407	36.42	46.65	47.87	39.17
8.	TROP Yana	04 SHARK BEL	3:01.99	2:50.85	402	35.94	48.81	47.77	38.33
9.	LAUWERS Jitske	04 TZ BEL	2:58.36	2:51.06	401	34.38	46.12	51.77	38.79
10.	JANSSEN Sien	04 DMB BEL	3:05.84	2:54.33	378	37.85	44.55	50.93	41.00
11.	DINNEWETH Axelle	04 ZTZ BEL	2:59.47	2:54.75	376	39.42	45.82	48.46	41.05
12.	PRESENT Annika	04 STW BEL	2:53.56	2:55.77	369	37.69	47.86	52.07	38.15
13.	KELCHTERMANS Laura	04 HZS BEL	2:56.93	2:56.46	365	39.15	45.59	52.64	39.08
14.	TOMCSIK Kira	04 TZ HUN	2:54.83	2:57.68	357	38.81	45.82	53.42	39.63
15.	VERMOERE Sarah	04 KZK BEL	2:57.89	2:57.77	357	40.50	46.87	50.31	40.09
16.	LINGIER Loes	04 BZK BEL	3:11.24	2:58.87	350	42.22	47.08	50.02	39.55
17.	LEYTEN Hannelore	04 ZGEEL BEL	3:00.44	2:59.60	346	40.76	47.80	49.28	41.76
18.	THIJSEN Hanne	04 HZS BEL	2:58.70	2:59.66	346	39.56	48.73	52.41	38.96
19.	BOGAERTS Aisha	04 SCZ BEL	2:54.52	2:59.95	344	40.05	44.91	55.89	39.10
20.	ANGELLIER Liloue	04 ZCT BEL	3:12.65	3:00.53	341	42.09	46.78	53.71	37.95
21.	KEPPENS Mare	04 AZL BEL	3:05.91	3:01.87	333	39.52	47.52	55.25	39.58
22.	STRUYF Lieselot	04 HZA BEL	3:10.60	3:02.26	331	43.67	48.15	52.08	38.36
23.	WELS Evy	04 GZVN BEL	3:31.31	3:02.80	328	41.28	49.17	52.03	40.32
24.	MICHELIS Lieke	04 LWB BEL	3:20.80	3:02.89	328	42.47	48.54	50.66	41.22
25.	PUTTAERT Elien	04 DDAT BEL	3:09.24	3:03.99	322	41.09	47.49	53.45	41.96
26.	NEVELSTEEN Yanah	04 ZGEEL BEL	3:02.71	3:05.80	312	43.08	44.71	57.57	40.44
27.	DE BACKER Marie	04 ZTZ BEL	3:17.01	3:06.64	308	40.82	49.61	54.71	41.50
28.	LETERME Margo	04 IKZ BEL	3:05.42	3:06.81	307	40.58	49.29	53.78	43.16
29.	WIJNANTS Eveline	04 SHARK BEL	3:23.69	3:06.91	307	40.10	52.93	54.08	39.80
30.	VANDECASTEELE Sara	04 OZEKA BEL	3:20.46	3:07.57	304	41.83	45.19	56.79	43.76

Programmanr. 46
7-2-2016 - 15:02

Jongens, 200m schoolslag

13 - 14 jaar
Resultaten

Punten: FINA 2014

Rang	Geb.	Tijd	Pnt	50m	100m	150m	200m		
13 jaar									
1.	VANDECASTEELE Matis	03 GOLD BEL	3:05.55	2:53.46	392	38.74	45.18	45.72	43.82
2.	VAN KEER Yoran	03 LAQUA BEL	3:02.91	2:56.74	371	39.54	45.46	46.15	45.59
3.	AUSLOOS Jens	03 KAZS BEL	3:06.86	3:00.35	349	40.10	45.88	47.14	47.23
4.	GIELEN Yordi	03 DMB BEL	3:10.87	3:06.04	318	41.21	47.85	48.82	48.16
5.	VANDEPITTE Alexander	03 MEGA BEL	3:12.94	3:08.24	307	42.18	47.50	49.29	49.27
6.	MARESCAU Quinten	03 ZCK BEL	3:19.76	3:14.87	276	43.26	51.09	51.02	49.50
7.	CAMPS Viktor	03 STT BEL	3:27.54	3:15.78	273	44.07	50.52	51.29	49.90
8.	VLAMIJNCK Robin	03 AZ BEL	3:29.04	3:16.74	269	45.15	51.10	50.62	49.87
dis	LAVDANITI Zhulian Xhoi	03 ZS ALB	3:17.20						
SW 7.5.c - Afwisselende beenbewegingen of neerwaartse beenbewegingen vlinder (behalve zoals beschreven onder SW 7.									

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 46, Jongens, 200m schoolslag

14 jaar

1.	CLAEYS Arthur	02	AZ	BEL	2:51.10	2:44.01	464	37.38	41.59	42.22	42.82
2.	VRIENS Arne	02	AZV	BEL	2:51.78	2:46.59	443	36.98	42.75	43.03	43.83
3.	CALLEWAERT Matisse	02	GOLD	BEL	2:48.01	2:47.53	435	36.82	43.28	44.22	43.21
4.	HERREGODTS Siebe	02	ZNA	BEL	2:58.70	2:48.21	430	38.29	43.01	43.47	43.44
5.	EMMERS Jim	02	OZV	BEL	2:55.64	2:48.53	428	38.24	43.59	43.58	43.12
6.	DEJONGHE Arnaud	02	COAST	BEL	2:55.55	2:49.84	418	38.32	44.34	44.33	42.85
7.	THIJSSSEN Robbe	02	HZS	BEL	2:51.58	2:49.96	417	38.82	43.63	43.66	43.85
8.	VOLDERS Aiken	02	BEST	BEL	2:59.57	2:50.83	410	38.76	45.03	45.43	41.61
9.	VOGLAR Robbe	02	DMB	BEL	2:57.90	2:50.90	410	38.94	44.08	44.51	43.37
10.	JANSEN Michiel	02	BRABO	BEL	2:55.90	2:52.46	399	37.91	44.33	45.57	44.65
11.	SPRUYT Linus	02	ZORO	BEL	3:01.83	2:52.87	396	39.42	44.50	44.38	44.57
12.	JANSSSENS Renzo	02	BRABO	BEL	3:15.78	2:53.17	394	38.78	44.19	45.65	44.55
13.	RAETS Sander	02	BRABO	BEL	3:01.85	2:55.80	377	40.00	45.88	45.85	44.07
14.	BEAUTHIER Killian	02	KVZP	BEL	2:59.64	2:56.93	369	39.91	46.16	45.98	44.88
15.	DEMUYNCK Thibaut	02	GOLD	BEL	3:07.95	2:58.36	361	39.55	46.22	46.74	45.85
16.	JACOBS Ben	02	LZV	BEL	3:13.84	3:03.14	333	41.03	47.82	47.54	46.75
17.	DE CUYPER Tibo	02	HZA	BEL	3:16.25	3:07.54	310	41.11	48.73	49.08	48.62
18.	DEBLOCK Thomas	02	GOLD	BEL	3:17.07	3:10.68	295	42.37	49.52	50.13	48.66

Programmanr. 47
7-2-2016 - 15:18

Meisjes, 100m rugslag

13 - 14 jaar
Resultaten

Punten: FINA 2014

Rang	Geb.	Tijd	Pnt	50m	100m				
13 jaar									
1.	VANDEPUTTE Silke	03	BRABO	BEL	1:14.32	1:12.62	512	35.47	37.15
2.	SNEPPE Diede	03	DDAT	BEL	1:15.36	1:15.05	464	36.96	38.09
3.	CLAES Lieselotte	03	ZCT	BEL	1:16.37	1:15.90	449	36.34	39.56
4.	VAN STEEN Yinthe	03	TZ	BEL	1:22.11	1:16.03	446	37.32	38.71
5.	MORREN Maaïke	03	BEST	BEL	1:16.82	1:17.62	419	38.72	38.90
6.	DEMEYER Amandine	03	KZK	BEL	1:20.10	1:17.72	418	38.01	39.71
7.	DELCOMMUNE Wiebe	03	ZCT	BEL	1:21.96	1:18.26	409	38.02	40.24
8.	DAEMEN Emma	03	DMB	BEL	1:21.65	1:18.47	406	37.94	40.53
9.	RUIGE Flore	03	STW	BEL	1:18.96	1:18.55	405	38.13	40.42
10.	INKAYA Dalya	03	MEGA	BEL	1:20.00	1:18.87	400	38.46	40.41
11.	DE BEULE Troede	03	BRABO	BEL	1:22.25	1:18.91	399	38.39	40.52
12.	MOENS Joyce	03	DZO	BEL	1:21.40	1:19.01	398	38.53	40.48
13.	KEULEMANS Zsofi	03	MEGA	BEL	1:18.18	1:19.10	396	38.09	41.01
14.	FEYS Jana	03	KZK	BEL	1:19.85	1:19.29	393	38.20	41.09
15.	VAN TILBURG Dauwe	03	ZCK	BEL	1:23.21	1:19.40	392	37.86	41.54
16.	VANDERBEKE Anouk	03	ROSC	BEL	1:23.18	1:19.51	390	38.76	40.75
17.	CARLIER Silke	03	ZCK	BEL	1:23.10	1:19.55	389	38.52	41.03
18.	PAREIJN Luna	03	DMB	BEL	1:23.93	1:19.74	387	39.12	40.62
19.	DE WILDE Hanne	03	DDAT	BEL	1:22.02	1:20.35	378	39.02	41.33
20.	DE BAER Eline	03	BRABO	BEL	1:22.58	1:20.77	372	39.27	41.50
21.	VAN GORP Lies	03	LAQUA	BEL	1:26.01	1:21.60	361	39.84	41.76
22.	VAN DEUN Elena	03	BRABO	BEL	1:21.64	1:21.79	358	39.92	41.87
23.	VAN MULDER Katinka	03	DDAT	BEL	1:24.90	1:21.83	358	39.70	42.13
24.	DAFTARY Sonia	03	BRABO	BEL	1:20.54	1:22.00	356	38.67	43.33
25.	TEIRLINCK Emelie	03	FIRST	BEL	1:21.67	1:22.05	355	39.23	42.82
26.	SPINCEMAILLE Luna	03	GOLD	BEL	1:25.07	1:22.50	349	40.38	42.12
27.	DEPREZ Jacobien	03	ZTZ	BEL	1:31.39	1:23.13	341	40.29	42.84
28.	BRAEKEVELD Jana	03	GOLD	BEL	1:21.41	1:23.88	332	40.74	43.14
29.	HAESAERT Isabeau	03	BZK	BEL	1:25.40	1:24.41	326	41.71	42.70
30.	PIGEON Kelly	03	KVZP	BEL	1:28.23	1:25.36	315	41.09	44.27
FF	HERMANS Emma	03	OZEKA	BEL	1:26.53				

Programmanr. 47, Meisjes, 100m rugslag

14 jaar

1.	VANDEBUSSCHE Indra	02	BZK	BEL	1:08.41	1:06.14	678	32.21	33.93
2.	VAN WALLENDIAEL Sarah	02	BRABO	BEL	1:11.00	1:09.10	595	33.78	35.32
3.	VANDERSCHRICK Laura	02	BZK	BEL	1:10.37	1:10.98	548	34.49	36.49
4.	TALLOEN Charlot	02	FIRST	BEL	1:14.03	1:11.13	545	35.06	36.07
5.	DE CARNE Lara	02	FIRST	BEL	1:12.44	1:11.57	535	35.05	36.52
6.	BOURGOIS Karo	02	COAST	BEL	1:14.95	1:11.94	527	35.76	36.18
7.	MATTHIJS Dauphine	02	SCZ	BEL	1:13.94	1:13.36	497	34.74	38.62
8.	DE BAERE Pauline	02	STW	BEL	1:15.94	1:13.38	496	36.07	37.31
9.	TAECKE Ine	02	COAST	BEL	1:14.69	1:13.40	496	35.36	38.04
10.	SERVERIUS Femke	02	MEGA	BEL	1:15.13	1:13.41	496	35.59	37.82
11.	BRISSINCK Justine	02	ROSC	BEL	1:16.22	1:14.00	484	36.26	37.74
12.	ARNOUT Fien	02	RYSC	BEL	1:16.38	1:14.16	481	35.63	38.53
13.	DEMEYERE Anouk	02	GOLD	BEL	1:18.28	1:14.86	467	35.98	38.88
14.	CUYVERS Ella	02	MOZKA	BEL	1:19.71	1:15.67	453	36.73	38.94
15.	MOMMAERTS Nele	02	ZORO	BEL	1:18.66	1:16.79	433	38.30	38.49
16.	NAEGELS Ankelien	02	BRABO	BEL	1:16.06	1:17.12	428	37.50	39.62
17.	MARTENS Chloë	02	MEGA	BEL	1:18.19	1:18.34	408	38.37	39.97
18.	VAN MINGEROET Silken	02	DZO	BEL	1:21.09	1:18.79	401	38.15	40.64
19.	VAN HECKE Britt	02	AZL	BEL	1:21.17	1:19.32	393	38.60	40.72
20.	MATHYS Jana	02	FIRST	BEL	1:23.14	1:19.98	383	39.22	40.76
21.	VANDEN NOORTGATE Iona	02	FIRST	BEL	1:18.71	1:20.51	376	38.97	41.54
22.	VAERENBERG Marlies	02	ZCT	BEL	1:25.99	1:20.64	374	39.12	41.52
23.	FEYS Jutta	02	TZT	BEL	1:22.86	1:21.09	368	39.40	41.69
24.	DESCAMPS Axelle	02	KZK	BEL	1:21.85	1:21.12	367	38.61	42.51
25.	THEUWIS Rune	02	OZV	BEL	1:20.26	1:21.65	360	39.74	41.91
26.	BOGAERTS Luna	02	SCZ	BEL	1:22.98	1:22.66	347	40.22	42.44
27.	VANGELOVEN Anisha	02	DMB	BEL	1:23.57	1:23.49	337	39.97	43.52
28.	WULFRANCKE Erin	02	MEGA	BEL	1:28.04	1:23.92	332	41.22	42.70
29.	DEMEESTERE Liza	02	IKZ	BEL	1:21.42	1:24.36	327	40.78	43.58
30.	KIAMI Pauline	02	KVZP	BEL	1:25.77	1:24.52	325	41.19	43.33
FF	VANDEKERKHOF Merle	02	DMB	BEL	1:17.78				
FF	THIELEMANS Laure	02	STT	BEL	1:24.87				

Programmanr. 48
7-2-2016 - 15:32

Jongens, 100m vlinderslag

11 - 12 jaar
Resultaten

Punten: FINA 2014

Rang	Geb.			Tijd	Pnt	50m	100m		
11 jaar									
1.	VAN CLEVEN Thijs	05	BZK	BEL	1:19.16	1:15.91	282	35.91	40.00
2.	TALLOEN Sander	05	FIRST	BEL	1:30.83	1:18.04	260	35.96	42.08
3.	SCHOTTE Edward	05	ISWIM	BEL	1:32.84	1:23.30	213	38.00	45.30
4.	PELGRIMS-RENS Yorben	05	KAZS	BEL	1:28.73	1:25.10	200	39.82	45.28
5.	VERREET Milan	05	SHARK	BEL	1:36.40	1:29.68	171	40.94	48.74
6.	POLLET Rohan	05	DDAT	BEL	1:48.80	1:31.04	163	41.17	49.87
7.	RYCKAERT Milan	05	ISWIM	BEL	1:57.56	1:32.48	156	40.85	51.63
8.	WOUTERS Jordi	05	SHARK	BEL	1:36.87	1:33.63	150	42.87	50.76
9.	DEHAUDT Fernando	05	GOLD	BEL	1:45.53	1:34.88	144	43.33	51.55
10.	CLOES Stef	05	BEST	BEL	1:45.93	1:39.33	126	44.48	54.85
11.	VARANO Agostino	05	DIZV	BEL	1:41.00	1:42.87	113	44.69	58.18
12.	BIGGS Calvin	05	LAQUA	GBR	1:50.76	1:43.36	111	47.14	56.22
13.	FERYN Tibbe	05	ZCK	BEL	1:53.75	1:44.16	109	46.65	57.51
14.	HERMAN Aidan	05	FIRST	BEL	1:52.43	1:44.57	108	46.72	57.85
FF	ROTTIERS Boris	05	FIRST	BEL	1:50.35				

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 48, Jongens, 100m vlinderslag

12 jaar

1.	LAUREYSSSENS Daniel	04	ZS	BEL	1:18.79	1:14.42	300	35.29	39.13
2.	DEVOLDERE Henri	04	KZK	BEL	1:16.49	1:15.86	283	35.37	40.49
3.	HILLAERT Tibo	04	FIRST	BEL	1:24.01	1:16.90	271	35.53	41.37
4.	SERDONS Tade	04	GZVN	BEL	1:30.74	1:19.09	249	36.90	42.19
5.	VERBEEK Sem	04	SHARK	BEL	1:25.90	1:21.29	230	37.08	44.21
6.	ADAMS Lucas	04	MEGA	BEL	1:33.96	1:21.86	225	38.71	43.15
7.	EL BERGUI Samy	04	DIZV	BEL	1:21.68	1:23.41	213	37.89	45.52
8.	WEYTS Milan	04	STW	BEL	1:48.87	1:23.95	209	37.84	46.11
9.	TANGHE Kasper	04	BRABO	BEL	1:26.66	1:24.48	205	38.75	45.73
10.	ROTTIERS Ignace	04	ZS	BEL	1:24.19	1:24.55	204	38.51	46.04
11.	CLAEYS Oscar	04	AZ	BEL	1:27.72	1:25.09	200	38.47	46.62
12.	SAIDI Yassin	04	BRABO	BEL	1:32.52	1:25.20	199	40.36	44.84
13.	OOMS Jonah	04	ZBM	BEL	1:28.22	1:25.25	199	39.94	45.31
14.	RUIGE Matisse	04	STW	BEL	1:28.73	1:27.52	184	40.64	46.88
15.	COLMAN Ruben	04	DZO	BEL	1:33.67	1:28.97	175	40.69	48.28
16.	VANHOLLEBEKE Maxence	04	ZNA	BEL	1:34.81	1:30.47	166	40.54	49.93
17.	ALAMI Noah	04	AZL	BEL	1:35.49	1:31.88	159	39.76	52.12
18.	CAMERLYNCK Mathias	04	KVZP	BEL	1:41.34	1:39.29	126	44.21	55.08
dis	CRIEL Alvaro Nesta	04	MEGA	BEL	1:42.15				
	<i>SW 4.4 - valse start</i>								
FF	VAN ERMEN Alexander	04	LOR	BEL	1:21.95				

Programmanr. 49
7-2-2016 - 15:42

Meisjes, 100m rugslag

11 - 12 jaar
Resultaten

Punten: FINA 2014

Rang	Geb.			Tijd	Pnt	50m	100m		
11 jaar									
1.	DELCOMMUNE Zinke	05	ZCT	BEL	1:20.59	1:17.51	421	37.41	40.10
2.	VANOTTERDIJK Roos	05	ZWIM	BEL	1:26.74	1:20.57	375	39.74	40.83
3.	VAN IMSCHOOT Emma	05	FIRST	BEL	1:34.45	1:25.50	314	42.96	42.54
4.	JACOBS Ella	05	LZV	BEL	1:39.42	1:25.98	308	42.19	43.79
5.	VANDENBERGHE Hannah	05	ISWIM	BEL	1:31.54	1:26.05	308	42.11	43.94
6.	MATTEUWS Lie	05	MEGA	BEL	1:30.48	1:26.18	306	41.55	44.63
7.	PARDON Maite	05	TZ	BEL	1:36.14	1:26.27	305	41.09	45.18
8.	FEYEN Lindsay	05	BRABO	BEL	1:31.42	1:27.29	295	42.97	44.32
9.	DAEMS Lotte	05	ZCK	BEL	1:34.18	1:27.46	293	42.70	44.76
10.	MAESEN Roos	05	DMB	BEL	1:34.15	1:28.39	284	43.23	45.16
11.	VANDENBRANDEN Eline	05	ZCK	BEL	1:31.53	1:28.66	281	43.00	45.66
12.	OLLEVIER Mado	05	ISWIM	BEL	1:34.55	1:28.71	281	41.93	46.78
13.	PEETERS Eva	05	SHARK	BEL	1:38.01	1:29.15	277	44.55	44.60
14.	DE VELDER Maya	05	FIRST	BEL	1:38.00	1:30.14	268	44.62	45.52
15.	BERX Marit	05	STT	BEL	1:30.71	1:30.23	267	43.99	46.24
16.	DRIESEN Amber	05	DMB	BEL	1:48.37	1:30.30	266	44.07	46.23
17.	VANDEPUTTE Jade	05	IKZ	BEL	1:47.50	1:30.87	261	43.81	47.06
18.	VANDERKRIEKEN Frauke	05	BEST	BEL	1:41.65	1:31.16	259	44.41	46.75
19.	SEMPELS Aurélie	05	STT	BEL	1:33.00	1:31.76	254	44.84	46.92
20.	CORSTJENS Hanne	05	DMB	BEL	1:41.79	1:31.86	253	43.66	48.20
21.	ANTHONI Amelie	05	BRABO	BEL	1:37.30	1:32.64	246	45.22	47.42
22.	SWYNGEDOUW Emma	05	FIRST	BEL	1:44.00	1:34.78	230	45.59	49.19
23.	STALLAERT Tessa	05	ZCK	BEL	1:38.89	1:35.36	226	46.47	48.89
24.	DE WILDE Noor	05	DDAT	BEL	1:39.21	1:35.62	224	46.66	48.96
25.	DE CARNE Mila	05	FIRST	BEL	1:43.43	1:36.34	219	48.08	48.26
26.	HAUS Josephine	05	ISWIM	BEL	1:44.78	1:37.34	212	48.12	49.22
27.	MIGNAUW Laura	05	GOLD	BEL	1:45.54	1:37.36	212	47.72	49.64
28.	VANDEN BERGHE Auke	05	ZB	BEL	1:48.19	1:37.70	210	49.14	48.56
29.	RAEMDONCK Benthe-Marie	05	FIRST	BEL	1:45.75	1:38.70	204	48.80	49.90
30.	VAN DE KEERE Fleur	05	ZTZ	BEL	1:41.27	1:38.77	203	48.49	50.28
31.	LAMBEETS Lina	05	STT	BEL	1:40.57	1:40.55	193	48.08	52.47
32.	CORNELISSEN Zita	05	BRABO	BEL	1:55.02	1:41.44	188	48.46	52.98
33.	MILISSEN Nore	05	STT	BEL	1:44.30	1:42.96	179	49.77	53.19
dis	NOELS Louise	05	ZCT	BEL	1:45.96				

SW 6.4.b - Lichaam volledig onder water, uitgezonderd de eerste 15m na S of KP

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 49, Meisjes, 100m rugslag, 11 jaar

Rang	Geb.	Tijd	Pnt	50m	100m	
dis	WAUTERS Lisa	05	STT	BEL	1:39.21	
	<i>SW 4.4 - valse start</i>					
FF	BROUX Elise	05	GZVN	BEL	1:35.14	

12 jaar

1.	DECAESSTECKER Elise	04	ROSC	BEL	1:15.91	1:16.04	446	37.14	38.90
2.	LIPPENS Karo	04	STW	BEL	1:20.80	1:16.94	431	37.06	39.88
3.	QUINTELIER Perle	04	RYSC	BEL	1:21.43	1:16.99	430	37.63	39.36
4.	GORIS Resy	04	LWB	BEL	1:24.49	1:20.05	382	38.69	41.36
5.	BOGAERTS Aisha	04	SCZ	BEL	1:21.94	1:20.12	381	39.12	41.00
6.	DEKERVEL Emma	04	ISWIM	BEL	1:27.91	1:20.75	372	39.69	41.06
7.	JANSSEN Sien	04	DMB	BEL	1:30.41	1:21.45	363	39.46	41.99
8.	TOMCSIK Kira	04	TZ	HUN	1:24.14	1:23.36	338	39.55	43.81
9.	MARTENS Elisabeth	04	MEGA	BEL	1:28.04	1:24.68	323	40.08	44.60
10.	VERMOERE Sarah	04	KZK	BEL	1:24.92	1:24.90	320	41.38	43.52
11.	MARTELEUR Tille	04	ZCT	BEL	1:33.88	1:26.59	302	42.24	44.35
12.	LETERME Margo	04	IKZ	BEL	1:24.33	1:26.86	299	41.73	45.13
13.	HUYSMANS Silke	04	ZCK	BEL	1:36.04	1:26.88	299	40.90	45.98
14.	DINNEWETH Axelle	04	ZTZ	BEL	1:26.21	1:26.96	298	42.02	44.94
15.	SOENEN Manon	04	RYSC	BEL	1:38.42	1:27.94	288	42.45	45.49
16.	KEPPENS Mare	04	AZL	BEL	1:29.19	1:29.24	276	42.75	46.49
17.	DE BACKER Marie	04	ZTZ	BEL	1:32.26	1:30.08	268	45.22	44.86
18.	LAMMENS Louise	04	OZEKA	BEL	1:34.78	1:30.31	266	43.82	46.49
19.	PUTTAERT Elien	04	DDAT	BEL	1:37.87	1:31.20	258	44.69	46.51
20.	VAN DEN HEUVEL Alyssa	04	LWB	BEL	1:37.64	1:31.57	255	44.53	47.04
21.	DE BACKER Annelore	04	KVZP	BEL	1:31.92	1:33.38	241	46.68	46.70
dis	MICHIELS Lieke	04	LWB	BEL	1:36.40				

SW 6.6.a - Bij aankomst muur niet aangetikt in rugligging

Programmanr. 50
7-2-2016 - 16:00

Jongens, 400m vrije slag

13 - 14 jaar
Resultaten

Punten: FINA 2014

Rang	Geb.	Tijd	RT	Pnt				
13 jaar								
1.	DAVID Loeka	03	MEGA	BEL	4:48.92	4:43.88	+0,72	465
	50m: 31.74	31.74	150m: 1:44.20	36.32	250m: 2:57.54	36.60	350m: 4:10.64	36.11
	100m: 1:07.88	36.14	200m: 2:20.94	36.74	300m: 3:34.53	36.99	400m: 4:43.88	33.24
2.	GUILLEMYN Lucas	03	KZK	BEL	4:46.95	4:44.39	+0,81	463
	50m: 31.72	31.72	150m: 1:44.14	36.85	250m: 2:57.71	36.59	350m: 4:11.06	35.98
	100m: 1:07.29	35.57	200m: 2:21.12	36.98	300m: 3:35.08	37.37	400m: 4:44.39	33.33
3.	GERRITSEN Mike	03	AZV	NED	4:52.95	4:45.58	+0,83	457
	50m: 32.26	32.26	150m: 1:45.86	36.58	250m: 3:00.09	37.11	350m: 4:12.48	36.09
	100m: 1:09.28	37.02	200m: 2:22.98	37.12	300m: 3:36.39	36.30	400m: 4:45.58	33.10
4.	MEEUS Elias	03	LAQUA	BEL	4:53.53	4:45.83	+0,74	456
	50m: 31.65	31.65	150m: 1:43.74	36.82	250m: 2:58.56	37.28	350m: 4:12.01	36.71
	100m: 1:06.92	35.27	200m: 2:21.28	37.54	300m: 3:35.30	36.74	400m: 4:45.83	33.82
5.	DEVOS Abel	03	COAST	BEL	4:51.87	4:49.11	+0,75	441
	50m: 30.95	30.95	150m: 1:44.23	36.95	250m: 2:59.02	37.44	350m: 4:13.11	36.61
	100m: 1:07.28	36.33	200m: 2:21.58	37.35	300m: 3:36.50	37.48	400m: 4:49.11	36.00
6.	VAN KEER Yoran	03	LAQUA	BEL	4:57.49	4:50.16	+0,82	436
	50m: 32.07	32.07	150m: 1:45.70	36.99	250m: 2:59.94	36.83	350m: 4:14.95	37.18
	100m: 1:08.71	36.64	200m: 2:23.11	37.41	300m: 3:37.77	37.83	400m: 4:50.16	35.21
7.	OKENS Jari	03	ZCK	BEL	5:24.12	4:51.80	+0,82	428
	50m: 33.51	33.51	150m: 1:47.60	37.34	250m: 3:02.30	37.17	350m: 4:16.69	37.10
	100m: 1:10.26	36.75	200m: 2:25.13	37.53	300m: 3:39.59	37.29	400m: 4:51.80	35.11
8.	HEYERICK Jens	03	KZK	BEL	5:01.73	4:54.23	+0,67	418
	50m: 31.95	31.95	150m: 1:45.78	37.37	250m: 3:01.56	37.72	350m: 4:17.26	37.41
	100m: 1:08.41	36.46	200m: 2:23.84	38.06	300m: 3:39.85	38.29	400m: 4:54.23	36.97
9.	DENEIR Niels	03	GOLD	BEL	5:01.78	4:56.18	+0,74	410
	50m: 33.06	33.06	150m: 1:47.58	37.54	250m: 3:04.42	38.21	350m: 4:20.76	37.45
	100m: 1:10.04	36.98	200m: 2:26.21	38.63	300m: 3:43.31	38.89	400m: 4:56.18	35.42
10.	HEBB Xander	03	STW	BEL	4:56.35	4:56.56	+0,68	408
	50m: 32.13	32.13	150m: 1:49.13	39.06	250m: 3:04.42	36.72	350m: 4:21.34	37.94
	100m: 1:10.07	37.94	200m: 2:27.70	38.57	300m: 3:43.40	38.98	400m: 4:56.56	35.22

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 50, Jongens, 400m vrije slag, 13 jaar

Rang	Geb.		Tijd			RT	Pnt				
11.	MEERE Jarno	03	DDAT	BEL	4:57.15	4:57.96	+0,74	402	350m:	4:21.99	38.53
	50m: 32.06	32.06	150m: 1:46.84	37.92	250m: 3:04.32	38.72		400m:	4:57.96	35.97	
	100m: 1:08.92	36.86	200m: 2:25.60	38.76	300m: 3:43.46	39.14					
12.	MARICHAL Jarno	03	BRABO	BEL	5:11.59	4:58.81	+0,72	399	350m:	4:21.89	37.97
	50m: 31.68	31.68	150m: 1:47.85	38.39	250m: 3:04.82	38.29		400m:	4:58.81	36.92	
	100m: 1:09.46	37.78	200m: 2:26.53	38.68	300m: 3:43.92	39.10					
13.	SPLIERS Mauro	03	FIRST	BEL	5:24.70	4:59.97	+0,71	394	350m:	4:25.95	37.71
	50m: 32.23	32.23	150m: 1:49.30	38.95	250m: 3:08.74	40.08		400m:	4:59.97	34.02	
	100m: 1:10.35	38.12	200m: 2:28.66	39.36	300m: 3:48.24	39.50					
14.	HOLLANDERS Ian	03	SHARK	BEL	4:58.97	5:00.82	+0,80	391	350m:	4:25.36	37.90
	50m: 34.21	34.21	150m: 1:51.72	38.98	250m: 3:08.96	38.74		400m:	5:00.82	35.46	
	100m: 1:12.74	38.53	200m: 2:30.22	38.50	300m: 3:47.46	38.50					
15.	AUSLOOS Jens	03	KAZS	BEL	5:33.27	5:00.96	+0,85	390	350m:	4:23.91	38.13
	50m: 34.51	34.51	150m: 1:49.46	38.20	250m: 3:06.40	38.73		400m:	5:00.96	37.05	
	100m: 1:11.26	36.75	200m: 2:27.67	38.21	300m: 3:45.78	39.38					
16.	VAN ROMPAEY Senne	03	BRABO	BEL	5:18.20	5:01.33	+0,85	389	350m:	4:25.90	38.53
	50m: 34.03	34.03	150m: 1:51.61	38.83	250m: 3:08.87	38.34		400m:	5:01.33	35.43	
	100m: 1:12.78	38.75	200m: 2:30.53	38.92	300m: 3:47.37	38.50					
17.	VLAMIJNCK Robin	03	AZ	BEL	5:18.89	5:01.80	+0,85	387	350m:	4:24.99	38.34
	50m: 34.90	34.90	150m: 1:51.85	38.52	250m: 3:08.07	38.11		400m:	5:01.80	36.81	
	100m: 1:13.33	38.43	200m: 2:29.96	38.11	300m: 3:46.65	38.58					
18.	CARCHON Brecht	03	ZCT	BEL	5:19.24	5:03.31	+0,76	381	350m:	4:26.83	38.88
	50m: 34.57	34.57	150m: 1:52.24	38.90	250m: 3:09.38	38.29		400m:	5:03.31	36.48	
	100m: 1:13.34	38.77	200m: 2:31.09	38.85	300m: 3:47.95	38.57					
19.	MENTENS Jarne	03	OZV	BEL	5:00.78	5:03.89	+0,91	379	350m:	4:27.39	38.38
	50m: 34.72	34.72	150m: 1:52.13	38.77	250m: 3:09.84	39.00		400m:	5:03.89	36.50	
	100m: 1:13.36	38.64	200m: 2:30.84	38.71	300m: 3:49.04	39.17					
20.	JASPERS Sven	03	HZS	BEL	5:14.88	5:04.85	+0,73	376	350m:	4:28.13	38.19
	50m: 34.68	34.68	150m: 1:53.51	39.42	250m: 3:11.32	37.95		400m:	5:04.85	36.72	
	100m: 1:14.09	39.41	200m: 2:33.37	39.86	300m: 3:49.94	38.62					
21.	WITVROUWEN Stijn	03	KAZS	BEL	5:39.97	5:05.90	+0,74	372	350m:	4:28.76	39.08
	50m: 33.90	33.90	150m: 1:51.26	39.36	250m: 3:09.96	39.79		400m:	5:05.90	37.14	
	100m: 1:11.90	38.00	200m: 2:30.17	38.91	300m: 3:49.68	39.72					
22.	HAESAERT Elias	03	BZK	BEL	5:06.68	5:07.84	+0,80	365	350m:	4:32.04	39.57
	50m: 34.33	34.33	150m: 1:53.10	39.96	250m: 3:12.52	39.66		400m:	5:07.84	35.80	
	100m: 1:13.14	38.81	200m: 2:32.86	39.76	300m: 3:52.47	39.95					
23.	LIECKENS Nolan	03	SHARK	BEL	4:57.59	5:08.22	+0,74	363	350m:	4:31.60	38.62
	50m: 34.00	34.00	150m: 1:52.89	40.11	250m: 3:13.20	40.41		400m:	5:08.22	36.62	
	100m: 1:12.78	38.78	200m: 2:32.79	39.90	300m: 3:52.98	39.78					
24.	LUST Henri	03	AZ	BEL	5:14.62	5:08.63	+0,76	362	350m:	4:30.56	39.56
	50m: 34.21	34.21	150m: 1:52.40	39.29	250m: 3:11.82	39.70		400m:	5:08.63	38.07	
	100m: 1:13.11	38.90	200m: 2:32.12	39.72	300m: 3:51.00	39.18					
25.	BERGHMANS Sam	03	ZS	BEL	5:29.33	5:10.98	+0,79	354	350m:	4:34.49	39.07
	50m: 35.44	35.44	150m: 1:53.98	39.29	250m: 3:13.98	40.00		400m:	5:10.98	36.49	
	100m: 1:14.69	39.25	200m: 2:33.98	40.00	300m: 3:55.42	41.44					
26.	JORIS Dante	03	DDAT	BEL	5:31.64	5:11.21	+0,83	353	350m:	4:33.95	38.48
	50m: 34.36	34.36	150m: 1:52.99	39.53	250m: 3:13.70	40.14		400m:	5:11.21	37.26	
	100m: 1:13.46	39.10	200m: 2:33.56	40.57	300m: 3:55.47	41.77					
27.	VERYSER Joeri	03	COAST	BEL	5:19.08	5:11.66	+0,93	352	350m:	4:35.74	40.40
	50m: 34.77	34.77	150m: 1:52.90	39.87	250m: 3:14.01	40.69		400m:	5:11.66	35.92	
	100m: 1:13.03	38.26	200m: 2:33.32	40.42	300m: 3:55.34	41.33					
28.	VAN DYCK Brent	03	SHARK	BEL	5:20.57	5:12.52	+0,73	349	350m:	4:34.97	39.61
	50m: 35.10	35.10	150m: 1:53.52	39.72	250m: 3:14.89	41.05		400m:	5:12.52	37.55	
	100m: 1:13.80	38.70	200m: 2:33.84	40.32	300m: 3:55.36	40.47					
29.	OP DE BEECK Maarten	03	DIZV	BEL	5:28.14	5:13.80	+0,89	344	350m:	4:36.36	39.67
	50m: 35.38	35.38	150m: 1:55.83	40.64	250m: 3:16.07	40.33		400m:	5:13.80	37.44	
	100m: 1:15.19	39.81	200m: 2:35.74	39.91	300m: 3:56.69	40.62					
30.	VERHOLLE Gilles	03	IKZ	BEL	5:27.18	5:15.84	+0,89	338	350m:	4:37.81	40.37
	50m: 34.54	34.54	150m: 1:54.48	40.04	250m: 3:16.51	40.62		400m:	5:15.84	38.03	
	100m: 1:14.44	39.90	200m: 2:35.89	41.41	300m: 3:57.44	40.93					
31.	STESMANS Jelle	03	BRABO	BEL	5:26.57	5:17.68	+0,72	332	350m:	4:37.96	39.71
	50m: 34.91	34.91	150m: 1:54.95	40.30	250m: 3:16.48	40.37		400m:	5:17.68	39.72	
	100m: 1:14.65	39.74	200m: 2:36.11	41.16	300m: 3:58.25	41.77					
32.	DE DOBBELAERE Raf	03	MEGA	BEL	5:34.54	5:19.65	+0,87	326	350m:	5:19.65	
	50m:		150m:		250m:			400m:			
	100m: 1:18.86		200m: 2:40.68		300m: 3:00m:						
33.	VERSTRAETEN Gihao	03	OZEKA	BEL	5:33.84	5:21.00	+0,80	322	350m:	4:41.35	41.65
	50m: 34.74	34.74	150m: 1:54.67	40.80	250m: 3:17.44	41.64		400m:	5:21.00	39.65	
	100m: 1:13.87	39.13	200m: 2:35.80	41.13	300m: 3:59.70	42.26					
34.	DE DEYNE Kasper	03	MEGA	BEL	5:33.24	5:22.33	+0,72	318	350m:	4:43.96	41.13
	50m: 36.10	36.10	150m: 1:56.70	40.62	250m: 3:21.63	42.86		400m:	5:22.33	38.37	
	100m: 1:16.08	39.98	200m: 2:38.77	42.07	300m: 4:02.83	41.20					

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 50, Jongens, 400m vrije slag, 13 jaar

Rang	Geb.	Tijd	RT	Pnt
35.	JAROS Arthur 03 STT BEL	5:33.11	5:24.87 +0,97	310
	50m: 36.05 36.05 150m: 1:59.17 42.40 250m: 3:24.17 43.23 350m: 4:46.88 41.03			
	100m: 1:16.77 40.72 200m: 2:40.94 41.77 300m: 4:05.85 41.68 400m: 5:24.87 37.99			
36.	VAN DROOGENBROECK N. 03 LAQUA BEL	5:39.16	5:26.69 +0,77	305
	50m: 36.83 36.83 150m: 1:59.89 42.04 250m: 3:23.69 41.70 350m: 4:47.32 41.39			
	100m: 1:17.85 41.02 200m: 2:41.99 42.10 300m: 4:05.93 42.24 400m: 5:26.69 39.37			
37.	SCHRIJVERS Lowik 03 ZOLA BEL	5:24.70	5:29.73 +0,70	297
	50m: 35.34 35.34 150m: 1:58.50 42.58 250m: 3:23.93 42.94 350m: 4:49.07 42.59			
	100m: 1:15.92 40.58 200m: 2:40.99 42.49 300m: 4:06.48 42.55 400m: 5:29.73 40.66			
38.	MARESCAU Quinten 03 ZCK BEL	5:36.38	5:31.36 +0,75	292
	50m: 35.82 35.82 150m: 1:59.79 42.43 250m: 3:25.28 42.73 350m: 4:51.08 42.66			
	100m: 1:17.36 41.54 200m: 2:42.55 42.76 300m: 4:08.42 43.14 400m: 5:31.36 40.28			
dis	ASSELMAN Jasper 03 ZOLA BEL	5:09.76		
	<i>SW 4.4 - valse start</i>			
dis	VYNCKE Milan 03 MEGA BEL	5:24.12		
	<i>SW 4.4 - valse start</i>			

14 jaar

1.	VAN SYNGHEL Noah 02 OZEKA BEL	4:30.01	4:26.04 +0,86	566
	50m: 29.91 29.91 150m: 1:36.96 33.69 250m: 2:45.21 34.22 350m: 3:53.40 33.87			
	100m: 1:03.27 33.36 200m: 2:10.99 34.03 300m: 3:19.53 34.32 400m: 4:26.04 32.64			
2.	FRANCKX Stan 02 TZ BEL	4:35.44	4:27.71 +0,76	555
	50m: 29.62 29.62 150m: 1:35.89 33.71 250m: 2:45.11 34.78 350m: 3:54.37 34.58			
	100m: 1:02.18 32.56 200m: 2:10.33 34.44 300m: 3:19.79 34.68 400m: 4:27.71 33.34			
3.	DUJARDIN Guillaume 02 MEGA BEL	4:43.19	4:32.33 +0,81	527
	50m: 31.16 31.16 150m: 1:39.95 34.71 250m: 2:50.05 34.96 350m: 4:00.05 34.89			
	100m: 1:05.24 34.08 200m: 2:15.09 35.14 300m: 3:25.16 35.11 400m: 4:32.33 32.28			
4.	GANTOIS Olivier 02 MEGA BEL	4:36.17	4:32.85 +0,68	524
	50m: 30.17 30.17 150m: 1:39.04 34.52 250m: 2:49.85 35.15 350m: 3:59.85 34.54			
	100m: 1:04.52 34.35 200m: 2:14.70 35.66 300m: 3:25.31 35.46 400m: 4:32.85 33.00			
5.	MOYENS Lennert 02 SHARK BEL	4:32.90	4:32.86 +0,81	524
	50m: 29.63 29.63 150m: 1:37.76 34.10 250m: 2:47.69 35.00 350m: 3:58.68 35.42			
	100m: 1:03.66 34.03 200m: 2:12.69 34.93 300m: 3:23.26 35.57 400m: 4:32.86 34.18			
6.	VAN HOREN Senne 02 ZNA BEL	4:48.47	4:35.16 +0,82	511
	50m: 30.82 30.82 150m: 1:41.90 35.61 250m: 2:53.67 35.68 350m: 4:04.07 34.88			
	100m: 1:06.29 35.47 200m: 2:17.99 36.09 300m: 3:29.19 35.52 400m: 4:35.16 31.09			
7.	MESKENS Tom 02 SCWR BEL	4:36.63	4:35.29 +0,79	510
	50m: 30.82 30.82 150m: 1:41.39 35.83 250m: 2:52.94 35.97 350m: 4:03.05 35.08			
	100m: 1:05.56 34.74 200m: 2:16.97 35.58 300m: 3:27.97 35.03 400m: 4:35.29 32.24			
8.	WYNS Seppe 02 SHARK BEL	4:40.71	4:37.85 +0,81	496
	50m: 30.94 30.94 150m: 1:40.70 35.36 250m: 2:52.17 35.66 350m: 4:03.54 35.60			
	100m: 1:05.34 34.40 200m: 2:16.51 35.81 300m: 3:27.94 35.77 400m: 4:37.85 34.31			
9.	WEYTS Yaron 02 STW BEL	4:52.94	4:40.54 +0,72	482
	50m: 31.83 31.83 150m: 1:42.73 35.61 250m: 2:54.44 35.81 350m: 4:06.52 35.95			
	100m: 1:07.12 35.29 200m: 2:18.63 35.90 300m: 3:30.57 36.13 400m: 4:40.54 34.02			
10.	HERREGODTS Siebe 02 ZNA BEL	4:43.30	4:42.03 +0,75	475
	50m: 30.98 30.98 150m: 1:41.62 35.58 250m: 2:54.17 36.39 350m: 4:07.48 36.51			
	100m: 1:06.04 35.06 200m: 2:17.78 36.16 300m: 3:30.97 36.80 400m: 4:42.03 34.55			
11.	DE MEYER Niels 02 BRABO BEL	4:58.31	4:45.88 +0,81	456
	50m: 32.82 32.82 150m: 1:46.56 37.18 250m: 3:00.51 37.20 350m: 4:12.97 35.25			
	100m: 1:09.38 36.56 200m: 2:23.31 36.75 300m: 3:37.72 37.21 400m: 4:45.88 32.91			
12.	VRIENS Arne 02 AZV BEL	4:51.90	4:46.30 +0,88	454
	50m: 31.91 31.91 150m: 1:43.83 36.30 250m: 2:57.53 36.92 350m: 4:11.37 36.45			
	100m: 1:07.53 35.62 200m: 2:20.61 36.78 300m: 3:34.92 37.39 400m: 4:46.30 34.93			
13.	ARDENOY Viktor 02 BZK BEL	5:00.78	4:47.71 +0,77	447
	50m: 31.31 31.31 150m: 1:43.93 36.89 250m: 2:57.72 36.16 350m: 4:11.48 36.63			
	100m: 1:07.04 35.73 200m: 2:21.56 37.63 300m: 3:34.85 37.13 400m: 4:47.71 36.23			
14.	SEMPELS Gilles 02 STT BEL	5:04.82	4:48.76 +0,75	442
	50m: 31.87 31.87 150m: 1:44.84 36.75 250m: 3:00.17 37.71 350m: 4:14.53 36.72			
	100m: 1:08.09 36.22 200m: 2:22.46 37.62 300m: 3:37.81 37.64 400m: 4:48.76 34.23			
15.	LINGIER Elias 02 ROSC BEL	4:55.77	4:50.29 +0,75	435
	50m: 32.10 32.10 150m: 1:46.09 37.53 250m: 3:01.46 37.19 350m: 4:16.20 37.03			
	100m: 1:08.56 36.46 200m: 2:24.27 38.18 300m: 3:39.17 37.71 400m: 4:50.29 34.09			
16.	LEROUX Jef 02 MEGA BEL	5:03.76	4:53.33 +0,82	422
	50m: 33.20 33.20 150m: 1:48.50 37.85 250m: 3:03.89 37.09 350m: 4:18.62 37.01			
	100m: 1:10.65 37.45 200m: 2:26.80 38.30 300m: 3:41.61 37.72 400m: 4:53.33 34.71			
17.	VAN KEMENADE Brent 02 BRABO BEL	4:59.43	4:55.42 +0,79	413
	50m: 33.12 33.12 150m: 1:48.81 38.73 250m: 3:05.09 38.11 350m: 4:20.27 37.24			
	100m: 1:10.08 36.96 200m: 2:26.98 38.17 300m: 3:43.03 37.94 400m: 4:55.42 35.15			
18.	MORELLI Jorgo 02 GZVN BEL	4:55.80	4:56.31 +0,82	409
	50m: 33.63 33.63 150m: 1:49.42 38.62 250m: 3:06.06 38.43 350m: 4:23.06 37.22			
	100m: 1:10.80 37.17 200m: 2:27.63 38.21 300m: 3:45.84 39.78 400m: 4:56.31 33.25			

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 50, Jongens, 400m vrije slag, 14 jaar

Rang	Geb.		Tijd	RT	Pnt				
19.	KALLAERT Dries	02	MEGA BEL	6:05.80	4:56.33	+0,68	409	350m: 4:20.39	37.73
	50m: 33.37	33.37	150m: 1:48.44	37.43	250m: 3:04.01	37.67	350m: 4:20.39	37.73	
	100m: 1:11.01	37.64	200m: 2:26.34	37.90	300m: 3:42.66	38.65	400m: 4:56.33	35.94	
20.	VAN MIEGHEM Alexander	02	MEGA BEL	5:01.15	4:57.39	+0,84	405	350m: 4:23.83	37.75
	50m: 34.51	34.51	150m: 1:51.17	38.95	250m: 3:08.34	38.51	350m: 4:23.83	37.75	
	100m: 1:12.22	37.71	200m: 2:29.83	38.66	300m: 3:46.08	37.74	400m: 4:57.39	33.56	
21.	DE KEERSMAEKER Arthur	02	BRABO BEL	5:16.54	4:57.91	+0,73	403	350m: 4:21.40	37.58
	50m: 32.48	32.48	150m: 1:48.43	38.20	250m: 3:04.76	38.09	350m: 4:21.40	37.58	
	100m: 1:10.23	37.75	200m: 2:26.67	38.24	300m: 3:43.82	39.06	400m: 4:57.91	36.51	
22.	DE COCK Ward	02	BZK BEL	5:08.94	4:58.20	+0,74	401	350m: 4:21.70	37.25
	50m: 32.81	32.81	150m: 1:49.32	38.26	250m: 3:06.11	38.43	350m: 4:21.70	37.25	
	100m: 1:11.06	38.25	200m: 2:27.68	38.36	300m: 3:44.45	38.34	400m: 4:58.20	36.50	
23.	VAN HECKE Maxim	02	DZO BEL	5:19.48	4:58.47	+0,76	400	350m: 4:24.56	37.34
	50m: 33.41	33.41	150m: 1:50.29	39.23	250m: 3:07.75	38.45	350m: 4:24.56	37.34	
	100m: 1:11.06	37.65	200m: 2:29.30	39.01	300m: 3:47.22	39.47	400m: 4:58.47	33.91	
24.	BOMANS Jan	02	BRABO BEL	5:05.36	4:59.43		397	350m: 4:23.23	37.79
	50m: 33.38	33.38	150m: 1:50.16	38.49	250m: 3:06.95	38.18	350m: 4:23.23	37.79	
	100m: 1:11.67	38.29	200m: 2:28.77	38.61	300m: 3:45.44	38.49	400m: 4:59.43	36.20	
25.	COKELAERE Matthijs	02	KZK BEL	5:15.56	4:59.81	+0,86	395	350m: 4:25.33	36.71
	50m: 34.34	34.34	150m: 1:51.77	38.75	250m: 3:09.95	38.65	350m: 4:25.33	36.71	
	100m: 1:13.02	38.68	200m: 2:31.30	39.53	300m: 3:48.62	38.67	400m: 4:59.81	34.48	
26.	VAN LANGENDONCK Tim	02	OZV BEL	5:17.82	5:02.60	+0,68	384	350m: 4:25.53	38.63
	50m: 32.75	32.75	150m: 1:48.91	38.99	250m: 3:07.35	39.36	350m: 4:25.53	38.63	
	100m: 1:09.92	37.17	200m: 2:27.99	39.08	300m: 3:46.90	39.55	400m: 5:02.60	37.07	
27.	VAN GORP Jos	02	LAQUA BEL	5:08.96	5:03.11	+0,74	382	350m: 4:26.41	38.62
	50m: 34.18	34.18	150m: 1:51.01	38.78	250m: 3:08.91	39.05	350m: 4:26.41	38.62	
	100m: 1:12.23	38.05	200m: 2:29.86	38.85	300m: 3:47.79	38.88	400m: 5:03.11	36.70	
28.	OBRENO Arthur	02	BZK BEL	5:15.74	5:03.33	+0,70	381	350m: 4:26.20	36.61
	50m: 35.58	35.58	150m: 1:54.07	39.45	250m: 3:11.37	37.92	350m: 4:26.20	36.61	
	100m: 1:14.62	39.04	200m: 2:33.45	39.38	300m: 3:49.59	38.22	400m: 5:03.33	37.13	
29.	VAN BAEVEGEM Viktor	02	MEGA BEL	5:20.00	5:03.34	+0,77	381	350m: 4:26.45	37.73
	50m: 33.17	33.17	150m: 1:50.41	39.54	250m: 3:09.33	38.97	350m: 4:26.45	37.73	
	100m: 1:10.87	37.70	200m: 2:30.36	39.95	300m: 3:48.72	39.39	400m: 5:03.34	36.89	
30.	RAETS Sander	02	BRABO BEL	5:23.23	5:07.21	+0,81	367	350m: 4:30.02	39.02
	50m: 35.12	35.12	150m: 1:53.43	39.15	250m: 3:11.88	39.51	350m: 4:30.02	39.02	
	100m: 1:14.28	39.16	200m: 2:32.37	38.94	300m: 3:51.00	39.12	400m: 5:07.21	37.19	
31.	VANGERVERN Thomas	02	OZV BEL	5:12.01	5:08.02	+0,83	364	350m: 4:30.80	40.15
	50m: 33.84	33.84	150m: 1:51.79	39.58	250m: 3:10.94	39.88	350m: 4:30.80	40.15	
	100m: 1:12.21	38.37	200m: 2:31.06	39.27	300m: 3:50.65	39.71	400m: 5:08.02	37.22	
32.	GOBERT Sam	02	MEGA BEL	5:13.32	5:08.72	+0,77	362	350m: 4:30.90	39.88
	50m: 33.91	33.91	150m: 1:51.18	39.18	250m: 3:10.73	40.24	350m: 4:30.90	39.88	
	100m: 1:12.00	38.09	200m: 2:30.49	39.31	300m: 3:51.02	40.29	400m: 5:08.72	37.82	
33.	DE CUYPER Tibo	02	HZA BEL	5:33.72	5:10.13	+0,75	357	350m: 4:32.12	40.74
	50m: 32.20	32.20	150m: 1:49.07	39.51	250m: 3:09.97	40.95	350m: 4:32.12	40.74	
	100m: 1:09.56	37.36	200m: 2:29.02	39.95	300m: 3:51.38	41.41	400m: 5:10.13	38.01	
34.	D'EXELLE Cedric	02	ZS BEL	5:45.30	5:13.88	+0,81	344	350m: 4:36.22	39.45
	50m: 35.18	35.18	150m: 1:55.97	39.94	250m: 3:16.03	40.20	350m: 4:36.22	39.45	
	100m: 1:16.03	40.85	200m: 2:35.83	39.86	300m: 3:56.77	40.74	400m: 5:13.88	37.66	
35.	QUINTELIER Max	02	LOR BEL	5:23.87	5:15.27	+0,71	340	350m: 4:37.72	40.39
	50m: 34.99	34.99	150m: 1:55.30	40.50	250m: 3:16.55	40.32	350m: 4:37.72	40.39	
	100m: 1:14.80	39.81	200m: 2:36.23	40.93	300m: 3:57.33	40.78	400m: 5:15.27	37.55	
36.	CREYF Tjörven	02	LOR BEL	5:17.31	5:17.27	+0,75	333	350m: 4:38.29	40.03
	50m: 34.29	34.29	150m: 1:54.76	40.63	250m: 3:16.63	40.56	350m: 4:38.29	40.03	
	100m: 1:14.13	39.84	200m: 2:36.07	41.31	300m: 3:58.26	41.63	400m: 5:17.27	38.98	
FF	MESTDAGH Arne	02	KZK BEL	4:52.75					

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 51
7-2-2016 - 16:58

Meisjes, 4 x 100m wisselslag

11 - 12 jaar
Resultaten

Punten: FINA 2014

Rang				Tijd	RT	Pnt				
1.	TZ	TZ	BEL	5:41.37		5:22.89	371			
	TOMCSIK Kira	39.54	1:23.84	LAUWERS Jitske		+0,73	33.98	1:16.06		
	MAX Lara	+0,55	42.48	1:33.57	AVALOS LLERENA Diana	+0,21	31.76	1:09.42		
2.	GOLD	GOLD	BEL	5:45.68		5:26.43	359			
	MIGNAUW Laura	46.36	1:35.78	DEHAUDT Malou		+0,68	33.75	1:14.69		
	TRUYE Alexine	+0,43	39.41	1:25.48	LAZOU Lente	+0,50	32.21	1:10.48		
3.	SHARK	SHARK	BEL	5:41.60		5:28.21	353			
	AUGUSTIJNS Jill	43.35	1:29.38	MAERVOET Marie		+0,70	33.59	1:14.34		
	TROP Yana	+0,60	42.91	1:30.81	WIJNANTS Eveline	+0,45	35.55	1:13.68		
4.	ZCT	ZCT	BEL	5:30.00		5:29.13	350			
	DELCOMMUNE Zinke	38.36	1:19.41	WITTEMANNS Mit		+0,61	36.99	1:22.79		
	VAN BELLE Amber	+0,67	43.81	1:35.22	ANGELLIER Liloue		34.19	1:11.71		
5.	ZTZ	ZTZ	BEL	5:40.12		5:35.52	330			
	DE BACKER Marie	44.08	1:28.00	DINNEWETH Axelle		+0,50	37.86	1:25.08		
	DORNEZ Febe	+0,21	39.27	1:23.86	VAN DE KEERE Anna	+0,47	37.02	1:18.58		
6.	LWB	LWB	BEL	6:15.25		5:45.86	302			
	MICHIELS Lieke	43.34	1:28.13	VAN DEN HEUVEL Alyssa		+0,79	40.44	1:30.90		
	GORIS Resy	+0,77	40.61	1:27.15	WELLENS Merel		38.44	1:19.68		
7.	DMB	DMB	BEL	5:53.32		5:47.30	298			
	DRIESEN Amber	44.26	1:30.18	JANSSEN Sien		+0,49	36.77	1:22.20		
	CORSTJENS Hanne	+0,41	44.93	1:37.21	MAESEN Roos	+0,30	36.07	1:17.71		
8.	ISWIM	ISWIM	BEL	5:52.67		5:52.51	285			
	DEKERVEL Emma	41.23	1:25.20	HAUS Josephine		+0,51	39.94	1:28.85		
	VANMEENEN Laura	+0,60	46.17	1:37.80	VANDENBERGHE Hannah	+0,63	37.51	1:20.66		
9.	ZCK	ZCK	BEL	6:11.00		5:54.59	280			
	DAEMS Lotte	41.87	1:27.36	VANDENBRANDEN Eline		+0,35	44.64	1:36.10		
	STALLAERT Tessa	+0,68	45.64	1:36.96	HUYSMANS Silke	+0,31	34.53	1:14.17		
10.	MEGA	MEGA	BEL	5:26.93		6:04.32	258			
	MATTEEUWS Lie	41.28	1:26.87	MARTENS Elisabeth		+0,41	40.46	1:34.17		
	GOBERT Lies	+0,72	45.67	1:39.75	GANTOIS Anne Sofie	+0,69	37.92	1:23.53		
11.	FIRST	FIRST	BEL	6:18.41		6:04.42	258			
	DE CARNE Mila	47.63	1:37.97	DE VELDER Maya		+0,70	41.35	1:30.57		
	RAEMDONCK Benthe-Marie	+0,63	47.03	1:40.12	VAN IMSCHOOT Emma	+0,54	37.11	1:15.76		
12.	GZVN	GZVN	BEL	6:04.71		6:04.71	257			
	BROUX Elise	47.91	1:36.12	WELS Evy		+0,89	41.86	1:29.89		
	KOZULYA Naya	+0,70	48.12	1:43.86	HUYSS Jorinde		36.23	1:14.84		
13.	BRABO	BRABO	BEL	6:27.00		6:11.13	244			
	GABRIELS Sarah	43.40	1:32.70	FEYEN Lindsay		+0,48	41.91	1:33.80		
	ROOMAN Sarah	+0,64	47.79	1:45.46	ANTHONI Amelie	+0,63	37.16	1:19.17		

Programmanr. 52
7-2-2016 - 17:10

Jongens, 4 x 100m vrije slag

11 - 12 jaar
Resultaten

Punten: FINA 2014

Rang				Tijd	RT	Pnt				
1.	GOLD	GOLD	BEL	4:47.58		4:35.07	320			
	CASTEUR Xander	32.51	1:08.54	VANDAMME Thijs		+0,46	32.71	1:09.44		
	MABBE Elian	34.01	1:11.28	VANDE CASTEELE Bjarne		+0,59	31.16	1:05.81		
2.	BRABO	BRABO	BEL	4:36.75	+0,81	4:40.42	302			
	DELEEBEECK Arne	+0,81	32.72	1:09.26	TANGHE Kasper	+0,59	34.02	1:12.15		
	KALOGEROPOULOS Zeno	+0,59	34.11	1:11.58	WANTEN Bernd	+0,69	32.10	1:07.43		
3.	ZS	ZS	BEL	5:05.64		4:43.16	+0,72	293		
	ZWIJNS Kevin	+0,72	35.06	1:12.69	RESTIAU Robbe	+0,60	35.22	1:13.22		
	ROTTIERS Ignace	+0,21	33.16	1:09.04	LAUREYSSSENS Daniel	+0,47	32.37	1:08.21		
4.	BZK	BZK	BEL	5:05.64		4:54.64	+0,86	260		
	VAN CLEVEN Thijs	+0,86	33.63	1:08.38	DE CORTE Simon	+0,46	34.94	1:13.67		
	VAN CLEVEN Kobe	+0,68	36.36	1:16.87	HAUTEKIEET Loeka	+0,26	33.97	1:15.72		
5.	FIRST	FIRST	BEL	5:16.64		4:55.19	+0,72	259		
	SAPIJN Kobe	+0,72	35.88	1:14.82	HILLAERT Tibo	+0,56	34.11	1:12.91		
	VAN DER HAEGHEN Siebe	+0,60	36.01	1:18.40	TALLOEN Sander	+0,57	32.49	1:09.06		
6.	MEGA	MEGA	BEL	4:51.17		4:55.67	+0,65	258		
	MARTENS Leonard	+0,65	34.46	1:12.54	LEROUX Wout	+0,36	37.24	1:17.58		
	CRUEL Alvaro Nesta	+0,04	35.57	1:15.68	ADAMS Lucas	+0,52	33.36	1:09.87		
7.	SHARK	SHARK	BEL	5:13.34		4:59.72	+0,68	247		
	DE JONGE Dries	+0,68	35.86	1:15.98	VERREET Milan	+0,38	35.87	1:15.66		
	WOUTERS Jordi		37.07	1:17.67	VERBEEK Sem	+0,35	32.78	1:10.41		

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 52, Jongens, 4 x 100m vrije slag, 11 - 12 jaar

Rang					Tijd	RT	Pnt			
8.	LAQUA	LAQUA	BEL	NT	5:09.38	+0,78	225			
	BIGGS Kalvin	+0,78	38.16	1:19.97	VAN DER DONCKT Jannes		+0,24	38.65	1:23.15	
	CLIJSTERS Jef	+0,32	34.64	1:14.26	MULKENS Bavo		+0,26	34.37	1:12.00	

Programmanr. 53
7-2-2016 - 17:16

Meisjes, 4 x 100m vrije slag

13 - 14 jaar
Resultaten

Punten: FINA 2014

Rang					Tijd	RT	Pnt			
1.	BZK	BZK	BEL	NT	4:10.16	+0,87	606			
	VANDERSCHRICK Laura	+0,87	30.71	1:04.69	DE WOLF Laura		+0,53	30.60	1:05.55	
	VANDEBUSSCHE Indra	+0,48	28.26	1:00.19	BEULEN Sophie		+0,19	28.09	59.73	
2.	FIRST	FIRST	BEL	NT	4:13.92	+0,79	579			
	VAN CAUWENBERGHE Lisa	+0,79	30.12	1:03.94	TALLOEN Charlot		+0,39	30.02	1:02.75	
	DE CARNE Lara	+0,02	30.85	1:04.77	DE STEUR Emma		+0,48	29.50	1:02.46	
3.	BRABO	BRABO	BEL	NT	4:17.50	+0,80	555			
	VAN DEUN Elena	+0,80	30.86	1:04.74	FEYEN Charlotte		+0,62	30.72	1:05.34	
	NAEGELS Ankelien	+0,54	31.28	1:05.66	VAN WALLENDIAEL Sarah		+0,25	29.14	1:01.76	
4.	COAST	COAST	BEL	NT	4:17.51	+0,80	555			
	DE DUFFELEER Jolien	+0,80	30.60	1:04.65	TAECKE Ine		+0,56	30.74	1:04.73	
	BOURGOIS Karo	+0,38	29.12	1:00.94	BARTORELLI Chiara		+0,42	31.74	1:07.19	
5.	MEGA	MEGA	BEL	NT	4:17.92	+0,72	553			
	SERVERIUS Femke	+0,72	31.68	1:05.56	DE BAERE Anneleen		+0,41	30.94	1:04.68	
	MARTENS Chloë	+0,71	31.84	1:05.59	WULFRANCKE Erin		+0,40	29.84	1:02.09	
6.	RYSC	RYSC	BEL	NT	4:23.20	+0,75	520			
	ARNOUT Fien	+0,75	30.51	1:03.90	MASSELUS Julie		+0,71	32.23	1:06.34	
	ESPEEL Charlotte	+0,58	33.83	1:10.50	QUINTELIER Jade		+1,00	29.25	1:02.46	
7.	KZK	KZK	BEL	NT	4:29.21	+0,90	485			
	FEYS Jana	+0,90	32.74	1:08.91	DEMEYER Amandine		+0,62	32.52	1:07.34	
	DESCAMPS Axelle	+0,60	32.36	1:08.32	REMMERY Anice		+0,56	30.54	1:04.72	
8.	SHARK	SHARK	BEL	NT	4:32.05	+0,80	471			
	WILJANANTS Jasmine	+0,80	31.05	1:04.72	VERDEYEN Nursulu		+0,65	33.98	1:11.32	
	HUYSMANS Britt	+0,75	33.19	1:10.29	STAES Jolien		+0,58	31.44	1:05.72	
9.	GOLD	GOLD	BEL	NT	4:32.87	+0,78	467			
	VANDENABEELE Indra	+0,78	30.95	1:04.88	BRAEKEVELD Jana		+0,56	33.75	1:10.74	
	SPINCEMAILLE Luna	+0,63	33.85	1:11.95	DEMEYERE Anouk		+0,75	30.64	1:05.30	
10.	ZCT	ZCT	BEL	NT	4:36.80	+0,95	447			
	VAN DER ELST Leen	+0,95	33.22	1:08.53	VAERENBERG Marlies		+0,68	32.60	1:08.60	
	WITTEMANS Odil	+0,80	33.63	1:10.17	CLAES Lieselotte		+0,67	32.89	1:09.50	
11.	DMB	DMB	BEL	NT	4:45.36	+0,79	408			
	VANGELOVEN Anisha	+0,79	32.88	1:11.05	MAESEN Kaat		+0,32	33.67	1:14.18	
	PAREIJN Luna	+0,45	33.36	1:10.95	DAEMEN Emma		+0,59	32.77	1:09.18	
12.	DDAT	DDAT	BEL	NT	4:47.68	+0,80	398			
	CARTON Sam	+0,80	34.70	1:14.69	DE WILDE Hanne		+0,55	33.92	1:13.39	
	VAN MULDER Katinka	+0,49	34.64	1:12.76	SNEPPE Diede			32.09	1:06.84	

Programmanr. 54
7-2-2016 - 17:26

Jongens, 4 x 100m wisselslag

13 - 14 jaar
Resultaten

Punten: FINA 2014

Rang					Tijd	RT	Pnt
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Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 54, Jongens, 4 x 100m wisselslag

1.	MEGA VAN MIEGHEM Alexander DUJARDIN Guillaume	MEGA +0,35 35.90 36.39	BEL 1:12.60 1:17.12	4:50.19 4:38.00	414	+0,31 +0,43	31.43 28.45	1:09.47 58.81
2.	SHARK WYNS Seppe MOYENS Lennert	SHARK +0,77 33.47 37.68	BEL 1:07.74 1:21.29	4:48.58 4:39.60	407	+0,52 +0,30	30.39 31.47	1:05.24 1:05.33
3.	KZK GUILLEMYN Lucas HEYERICK Jens	KZK +0,26 33.02 37.34	BEL 1:08.16 1:21.65	4:52.46 4:44.82	385	+0,49 +0,63	32.91 30.39	1:11.14 1:03.87
4.	BRABO VAN KEMENADE Brent JANSEN Michiel	BRABO +0,37 36.45 36.59	BEL 1:15.03 1:19.46	4:48.64 4:46.64	378	+0,39 +0,43	32.73 29.45	1:10.24 1:01.91
5.	LAQUA VAN GORP Jos VAN KEER Yoran	LAQUA +0,51 37.36 37.93	BEL 1:15.05 1:22.26	NT 4:49.43	367	+0,57 +0,68	31.67 30.36	1:08.97 1:03.15
6.	GOLD VANDECASTEELE Matis CALLEWAERT Matisse	GOLD +0,49 34.83 36.05	BEL 1:11.99 1:17.43	5:03.67 4:53.21	353	+0,47 +0,09	34.71 30.93	1:17.21 1:06.58
7.	OZV VAN LANGENDONCK Tim EMMERS Jim	OZV +0,58 35.87 36.32	BEL 1:14.19 1:18.05	5:02.08 4:53.39	352	+0,39 +0,38	32.70 31.22	1:13.64 1:07.51
8.	BZK ARDENOY Viktor HAESAERT Elias	BZK +0,54 34.48 43.74	BEL 1:10.21 1:32.48	4:58.29 4:56.46	341	+0,57 +0,44	32.17 30.26	1:10.16 1:03.61
9.	DMB KNEVELS Simon GIELEN Yordi	DMB +0,48 37.98 40.25	BEL 1:19.57 1:27.81	5:08.00 5:01.39	325	+0,46 +0,51	31.23 31.73	1:07.29 1:06.72
10.	DDAT BOULE Eduard JORIS Luca	DDAT +0,39 38.04 40.16	BEL 1:18.98 1:26.97	4:59.42 5:05.50	312	+0,61 +0,58	32.91 31.01	1:13.71 1:05.84
11.	STT BERX Robbe CAMPS Viktor	STT +0,70 35.52 42.95	BEL 1:14.58 1:33.09	5:36.56 5:15.33	284	+0,49 +0,10	33.17 33.80	1:15.47 1:12.19